

LISLE WOMAN'S CLUB NEWSLETTER



GENERAL FEDERATION
of WOMEN'S CLUBS

June 2022

Message from the President

Hi,

Garden Gait must be just around the corner because I see our signs everywhere! Eileen and Kelly are working overtime to make sure everything runs smoothly. Thank you! All members should have their raffle and entry tickets to sell. Reminder: Joanne and Mary have extras if you need them.

By The Way - I saw some of the raffle prizes. Good Job Ladies! It always amazes me how generous our business community is! And boy is it a lot of work getting this all pulled together. By now you should have heard from Nancy Burke (if not, please give her a call at 630-302-1742) and choose what you want to do on June 12th. Pray for sun and warm temperatures!

As we welcome summer with all the fun and frolicking it involves, I want to take a moment and thank you for all you do for LWC. Through your inspiration, effort, and hard work, we have been able to touch so many lives, especially within our Lisle community.

I will see everyone on June 1st at Paisan's for the end of the year dinner. Be sure to save September 7th for our first General Membership meeting of the 2022-2023 year. Have a safe and fun summer.

*Sincerely,
Karen Burris
LWC President*

*Lisle Woman's Club (LWC) is a member of the
General Federation of Women's Clubs (GFWC)*

Programs

Our end of year dinner is Wednesday, June 1st at Paisan's in Lisle. Appetizers will be served at 6 pm. Looking forward to a night of pizza, drinks, and good friends! If anyone has any programs they'd like to see next year, please send me a note. Hope everyone has a wonderful summer!

*Nancy Oij
Vice President*

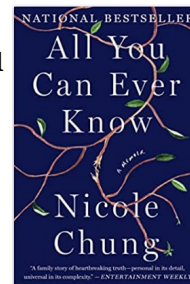
Book Club

The Lisle Woman's Club Book Club meets the third Monday of every month. The next meeting will be on Monday, June 20th at 7 pm. This month's book is All You Can Ever Know, by Nicole Chung.

Weather permitting, we will meet at the Lisle Library on the outside benches. Prior to the meeting, a confirmation email will be sent.

We'll take July off and start up again in August, with a new list of books. Check the website for the book list after the June meeting. If you have any questions, please contact me. Hope to see you there.

*Barbara Green
Book Club Chair*



Garden Gait

The 20th Annual Garden Gait is less than three weeks away. It is going to be one of the best fundraisers we have done. The only way this event is successful is if everyone in the club helps out. I am truly thankful to everyone for volunteering!



We will have one more meeting before the event. That meeting, which should be short, is on May 25 at 7 pm at the Lisle Police Dept. I would love to have everyone check in and make sure they understand their roles during the event.

Raffle and Ad Committee Update: The committee is working hard as deadlines approach. Most businesses have renewed their ads plus we have a couple of new ones.

Many of the same businesses have donated to our raffle baskets again this year and we've also secured donations from some new ones. We've talked about doing a silent auction in the past and we're going to give it a try this year for 2 pieces of matching jewelry that have a combined retail value of \$900.

If you would like to obtain raffle tickets to sell to family and friends, especially those who can not attend, please let Joanne know and she will get them to you. Joanne will also be at our June 1st dinner with tickets. And, please contact Mary Kilroy directly if you need more of the Entry tickets.

*Eileen Briggs and Kelly Dixit
Garden Gait Co-Chairs*



Membership

Bloomin' on Main (a combination Public Relations/Membership event) was on May 7th.

It was a beautiful warm day & LWC members sat outside Debbie Pawlowicz's office on Main Street. We wrapped the flowers that people collected from the various businesses. Additionally, 17 people stopped by to enter our raffle for a potted flowering plant.



They were each given Garden Gait bookmarks



with seeds and were also provided with information about Garden Gait and the Lisle Woman's Club. Thanks to Luisa Buehler, Lucy Matune, Karen Burris, Nancy Oij, and Pat Briggs for volunteering.

*Kathy Palia
Membership Chair
Kathy_palia@comcast.net*

*6180 Tyrnburry Drive
Lisle, IL 60532*

Environment

BEE AWARE

I sent my husband, Tom, to the store for, among other things, a box of instant pudding. To his surprise and mine the shelves were empty of pudding. This was at Jewel and he had to go to Mariano's to find the pudding. Mariano's was just about out, so he bought two boxes instead of the one I had asked for. This got me thinking about what is going on and why there is a pudding shortage. I didn't come up with an answer but decided on our food supply, of which bees play an important role. The Earth Day theme this year was "Investing in the Planet" and here is some information we can use and suggestions on what we can all do to help the bees.



Let us begin by talking about probably the most important factor: helping Mother Nature dispose of pesticides. Honeybees contribute to the pollination of 84% of the crops grown for human consumption (a third of all the food we eat), in addition to many crops grown for livestock. The commercial value of honeybees in the U.S. alone has been estimated at over \$15 billion per year.



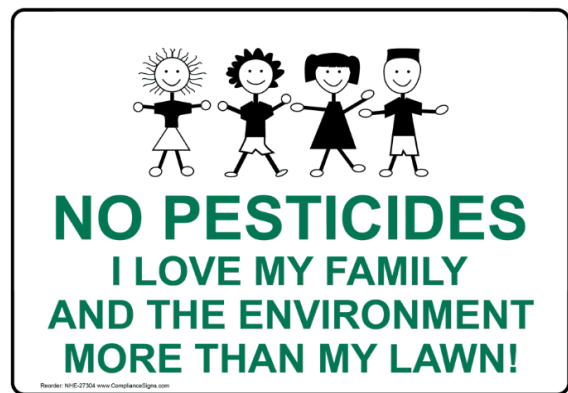
Importantly, bees are the keystone to both agriculture and ecosystems. But populations of honeybees have dropped a shocking 90% since the 1990s due to Colony Collapse Disorder (CCD). The causes of CCD are still unexplained, but researchers think it results from a combination of stressors, including parasites and pesticide use.

CCD only affects European honeybees, but nearly a quarter of native bee species are also experiencing population declines and range reductions. Native bee species are being affected by habitat loss and fragmentation in addition to PESTICIDES.

The most important thing you can do to support bee populations is to eliminate pesticides from your garden. **A class of pesticides**

called neonicotinoids is particularly harmful to bees and many of them have been banned in the European Union. They are still permitted in the U.S. despite repeated attempts to ban them. Although still legal, the EPA advises homeowners against their use and proposes to ban the use of imidacloprid on residential lawns and turf.

Here is your mission, should you choose to accept it: Go through your basement, garage, and garden shed and collect the pesticides with the following ingredients: Acetamiprid, Clothianidin, Dinotefurandis, Imidacloprid, Thiamethoxam, Sulfoxaflor, Flupyradifurone and Fipronil.



Do not dispose of them in the trash. Naperville has a Household Hazardous Waste Facility at 156 Fort Hill Drive, (630) 420-6095. They are open Saturdays and Sundays, from 9 am to 2 pm.

Have a wonderful summer and please help Mother Nature have a wonderful summer, too!

*Dot Battle
Environment Chair*



Health & Wellness

TIPS FOR A HEALTHY SUMMER

We've waited many cold, snowy and rainy months for this so do enjoy the summer weather ahead. Below are some reminder tips to help you enjoy your outdoor days.

- Move more, sit less, get 150 minutes of aerobic physical activity each week.
- Exercise in the morning or evening when it's usually cooler and wear lightweight clothing.
- Keep cool in the extreme heat & humidity; stay hydrated and stay informed of the weather.
- Watch for signs of heat exhaustion: increased pulse, dizziness, fatigue, muscle cramps, nausea, and headache.
- Wear sunscreen and lip balm. Sunscreen should be at least **SPF 30**, but more if you are fair. Repeat every two hours if in the water.



Top 5 Beaches on the Space Coast ...

- Wear hats and clothing to keep skin protected.
- In addition, remember insect repellent for ticks and mosquitos. Wear long shirts and pants if hiking in wooded areas.
- Sunscreen goes on before the repellent and check in with your dermatologist if you haven't made your yearly visit yet.
- Eat healthy; fresh fruits and vegetables are plentiful in the summer months so take advantage. Watch your picnic foods, keep them cool to deter food poisoning.
- Rethink your liquids: water vs. sugary drinks. Cut down on alcoholic drinks to reduce calories.

BE SAFE,
BE HAPPY,
&
ENJOY THE SUMMERTIME!

Mary Costello
Health & Wellness Chair

Philanthropy



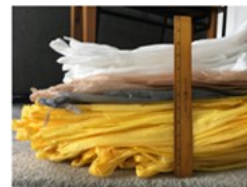
Lisle Woman's Club awarded five scholarships of \$1,000 each this year. The recipients were chosen based on their High School transcripts, community/volunteer in-

volvement, school activities/special awards, and job history. Another requirement was to submit a letter of recommendation from an adult who knows them well (a teacher, counselor, etc.). In other words, we looked for well-rounded applicants. The four Lisle High School recipients; Kaleb, Kylie, Paige, and Connor, are pictured above and a young women named Nicole from Benet Academy also received a scholarship.

Additionally, LWC received "Thank You" notes for our donations to the Lisle Library, TLC Camp, and DAYBREAK of Lisle Transitional Housing; all of which are attached.

Marie Hasse
Philanthropy Chair

Mats for the Homeless



Plastic grocery bags are still being collected, made into plastic yarn, and crocheted into sleeping mats to put under homeless persons' sleeping bags.

Please drop off **FLATTENED plastic bags** between Bea's house doors. It's also helpful if you sort the bags by color.

After they're trimmed, Janet Heep cuts them into loops and rolls 20 bags worth into balls of "**plarn**", or plastic yarn.

Brenda Hatch then crochets 30 balls—made of 600 bags—into mats to bring to Joliet.

If you'd like to help sort, trim, cut, roll, or crochet, please let Bea know.

So far this year LWC has repurposed 2840 bags. Thank you!

Submitted by
Bea Fodor



Civic Engagement

“VOTE ANYWHERE” ON ELECTION DAY

DuPage will be the first county in Illinois to launch the option for voters to cast a ballot in any one of its 263 polling places in 2022, instead of limiting the choice to a voter’s precinct polling place or vote center.

“Now voters may cast their ballot conveniently at a polling place near their job or school, instead of rushing to or from their home precinct,” County Clerk Kaczmarek says. “Best of all, DuPage voters will no longer be turned away on Election Day for being in the wrong polling place in the county.”

June 28, 2022 — Primary Election
Nov 8, 2022 — General Election

For locations, days and time of an early voting site near you: <https://www.dupagecounty.gov/Election/Voting/EarlyVoting/>

To find your Election Day polling place: <https://www.dupagecounty.gov/VoterLookup/>

To request a Vote by Mail Ballot: <https://www.dupagecounty.gov/Election/VoteByMail/>

To track your vote by Mail Ballot, use the BallotTrax system: <https://dupage.ballottrax.net/voter/>

For Online Voter Registration: <https://ova.elections.il.gov/>

Liz Sullivan
Civic Engagement & Outreach Co-Chair

The History of June

Let’s take a deep dive into the history of June and learn some cool facts about it in the process...



1. The name *June* is the modern-day adaptation of the Latin word *Junius*, which has its origins dating back to the ancient Romans.
2. There are multiple theories as to what the month of June was named after. One theory is that it was named after the Roman goddess of marriage, Juno. Another theory is that its name originates from the Latin word *iuniores*, which translates into “younger ones”. Yet another possibility is that the month was named after Lucius Junius Brutus, the founder of the Roman Republic.
3. June used to be the fourth month in the year. Before Julius Caesar came to power, the calendar year only had 10 months. In 46 BC he created the Julian calendar by adding two more months to the year, which made June the sixth month.
4. No other month in the year begins on the same day of the week as June.
5. June has both the longest and the shortest days of the year, depending on where you’re standing! If you live in the northern hemisphere, then June 21st is the longest day of the year. If you live in the southern hemisphere, then the 21st is the shortest day of the year.
6. June was apparently not very popular with William Shakespeare, as it was only referenced in two of his famous plays: *Cleopatra*, and *Henry IV*.
7. June has its own beetle named after it. Called the June beetle, or June bug, it’s normally only found within the months of May and June in the United States.
8. June has three birthstones: Alexandrite, Moonstone, and Pearl. Alexandrite is said to represent longevity and health. Moonstones on the other hand are said to bring good luck and are associated with love and passion. Finally, we have Pearls, the main birthstones of June. Above all else, pearls represent purity and faith.

2022 Calendar

June 1 — LWC End of Year Dinner

June 12 — Garden Gait!

June 25-28 — GFWC Annual Convention,
2022 Annual Convention in New Orleans, Louisiana

July 20-29 — The Best of Britain,

Travel Opportunity: Join International President
Marian St. Clair, the "Best of Britain"

Sept 7 — LWC General Membership Meeting

GFWC Illinois

Have you signed up to receive email updates from **GFWC Illinois**? If not, why not? You might be missing the latest news & happenings at GFWC Illinois. It's easy to sign up at <https://gfwcillinois.org/>. Do it now before you forget! Are you on Facebook? If so, **LIKE** GFWC Illinois at <https://www.facebook.com/Illinois.GFWC>.

Get to know the GFWC Illinois Executive Committee. Attend an event & introduce yourself. Front row, from left: [Mary Jane Koester](#), Secretary; [Patti Kuchar](#), Director of Junior Clubs; [LeeAnn Conlon](#), President; [Trisha Schafer](#), President-Elect, [Carol Jablonski](#), Treasurer. Back row, from left: [Sandy Smith Christofanelli](#), Northern Region VP; [Gina Ellis Fritz](#), Central Region VP; and [Julie Ivers](#), Southern Region VP.



Liz Sullivan
Corresponding Secretary

June Birthdays

14 **Barbara Akkeron**
21 **Marie Hasse**

July Birthdays

7 **Deanna Daly**
29 **Eileen Briggs**

August Birthdays

9 **Rose Kandlik**
13 **Luisa Buehler**

Arts & Culture

We were proud to acknowledge and congratulate the winners of our 2022 Writing Contest. These three students wrote wonderful stories about a person who influenced their lives in a significant way. Anya, Audrey, and Charlie each have an incredibly bright future ahead of them!



LWC also received a "Thank You" from Villa St. Benedict for the Flower Arranging Class that the Art & Culture Committee recently held, see attached.

Pat Briggs & Lorna Turner
Arts & Culture Co-Chairs