

LISLE WOMAN'S CLUB NEWSLETTER



GENERAL FEDERATION
of WOMEN'S CLUBS

September 2022

Message from the President

Welcome to the 60th Anniversary Year of Lisle Woman's Club!

Well, we did it again! We had a stellar Garden Gait event last June. Can't wait to share just how wonderful it was and to thank Eileen Briggs and her too many to name committee members who pulled off this great event for LWC.

And! What a great way to kick off our 60th anniversary year by hosting a 'New Members' Tea Party. I want to thank Kathleen Palia and her committee for all the work they have been doing this summer to make our fabulous Tea Party scheduled on Sunday, September 18th. Thank you ladies!

Committee Chairs, it is my pleasure to be working together with you another year while we coordinate our volunteer and philanthropic efforts. Any member who has not yet signed up to volunteer with LWC and wants to know more about our committee's activities, be sure to attend our General Meeting on Wednesday, September 7th. We will be talking more about the year's events and activities that night. Reminder: as an active member you are asked to participate in at least one event or activity each year.

Our Executive Board: Nancy Oij, Pat Briggs, Eileen Briggs, Liz Sullivan and I are excited to get this new year started. See you soon!

*Sincerely,
Karen Burris
LWC President*

***"If I cannot do Great things,
I can do Small things in Great ways!"
— Martin Luther King, Jr.***

Programs

I hope everyone had a good summer. We have a variety of things scheduled for the upcoming year. At our September meeting we'll spend a little time getting to know our fellow club members. I'm also hoping to have Tatiana Weinstein, Director at the Lisle Library come and give us a brief update on the Library renovation.



In October, one of our vendors from Garden Gait, Pam Hirth of LaBella Petite, will come and teach us how to make a fall arrangement that each member can take home. These petite creations are made using Oui yogurt jars. If you have any of these jars, please save and bring them to our October meeting. We'll pass them on to Pam for her to use for future creations. Additionally, she will be having a craft show at the Romeoville Rec Center on October 1st if anyone is interested in seeing her creations before our October 5th meeting.

*Nancy Oij
Vice President*

Membership



We've had a great response to the Tea Party Membership Drive. **As of August 30th, 41 guests and 20 members have RSVP'd.** Seating is limited and we must provide the final headcount to

Four Lakes by September 4th. Please email an RSVP to me before seating is filled and before September 4th.

Also, we are asking club members to bring one or two dozen dessert servings in cupcake holders to my house (6180 Tyrnburry Drive) on Saturday, Sept 17th to support the Membership Drive. Sign up on the Google Sheet with the dessert you are bringing so we can plan accordingly. https://docs.google.com/spreadsheets/d/1q-YMgLIbnaC-bSEHQ7b8r2QqR_ZqHs_Zp4amEzTJPQn8/edit#gid=0

If you cannot use Google Sheets, please email me at kathy_palia@comcast.net with the dessert and # of servings you will bring. Thank you for helping make this event a success!

As a reminder, the By-Laws approved May 4, 2022, state that dues are payable on or before the September General meeting. By now, you should have received the Membership Information Form for 2022-2023. If you did not receive it via email, let me know. Please complete all information and answer all the questions. This form should be completed and returned to me with your dues payment of \$40 at the September 7th meeting. If you cannot attend that evening, please mail the form with your check to me before the meeting or drop it off at my home. At the meeting, you will also be able to pay via credit card for a small transaction fee of \$1.14.

If you need an updated Membership Directory, visit the Lisle Woman's Club website "Membership Only" tab. The directory will be updated before the October meeting with the information provided on the Membership Information form and within 2-3 weeks after a new member joins throughout the year.

Welcome back!

Kathy Palia
Membership Chair

Kathy_palia@comcast.net
6180 Tyrnburry Drive
Lisle, IL 60532

Garden Gait

The next Garden Gait is June 11, 2023. We will be talking about it briefly at the September 7th General meeting.

Eileen Briggs
Garden Gait Chair



Federation Representative

The 2022 GFWC-Illinois Fall Conference will be held in Bloomington on Sept 16th-17th and everyone is invited to attend. Registration information can be found on the GFWC-IL website, <https://gfwcillinois.org/event/rock-n-roll-conference-fall-2022-and-boards-of-directors-meetings/> and you should have also received an email regarding the conference. For club members who are not receiving emails from GFWC-Illinois, please contact either Bea Fodor or me and we will sign you up.

The 2022 GFWC Great Lake Region (GLR) Conference is Sept 29th-Oct 2nd in Brookfield, WI. For more info, see <https://static1.squarespace.com/static/532dbd4de4b0011333cade66/t/6213ca274bf0a138fe1f1d74/1645464103498/Flyer.pdf>

GFWC is in the process of streamlining the reporting process (reports are due February 1), so stay tuned to learn more. In the meantime, please continue to gather information for your reports (such as the number of participants, hours accumulated on projects, dollars spent, etc.). If you have any questions regarding what information you should be collecting, please contact Karen Burris as emails will be sent to club presidents regarding the revamped reporting process.

The Downers Grove Junior Woman's Club announced that \$35,000 will be available in grant money for various charities, so be thinking about recommending a charity that we support that could use some of these monies!

Lorna Turner
Federation Representative



Health & Wellness

September is **Suicide Prevention Awareness Month** whose goal is to raise awareness of this oftentimes taboo topic. Suicide rates have increased by 35% since 1999 and close to 48,000 lives were lost in 2019 alone. Surprisingly the rate dropped a bit in 2020 (pandemic time) but still was high in certain groups such as adolescents, minority and gay/lesbian groups. The rates of suicide were highest in middle-age white men and **in 2020 firearms accounted for 52% of suicide deaths.**

NAMI, the National Alliance on Mental Illness has posted a few of the Warning signs of Suicide on their website, <https://www.nami.org/home>, They are:

- Increased alcohol and drug use
- Aggressive behavior
- Withdrawal from friends and family
- Dramatic mood swings
- Impulsive or reckless behavior
- Talking about being a burden to others

There are also Behavior signs to watch for such as:

- Collecting and saving pills
- Giving away possessions
- Tying up loose ends
- Paying off debts
- Saying goodbye to family & friends

These behaviors are psychiatric emergencies and help from 911 or a health care provider is warranted. The National Suicide Prevention Hotline # is: **800-273-TALK** (8255). You can also text NAMI at **741-741** and be connected to a crisis counselor. For more in depth discussion and information on suicide and prevention go to the NAMI website, <https://www.nami.org/home>, which has many different options and information to help those suffering and for their family members. Another trusted source is www.nimh.nih.gov, the National Institute of Mental Health. Both sources offer helpful information.

On another note.... CPR Certification Classes...

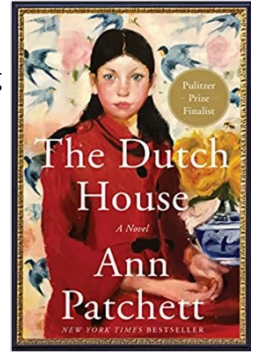
Did you know?? The Lisle-Woodridge Fire District conducts CPR classes quarterly at the School St. fire station. They run about 2 to 2-½ hours and cost \$25. The next classes are on Saturday, Sept 24th and Dec 17th, from 9-11:30 am. Please call 630-964-2233 to reserve your spot!



Mary Costello
Health & Wellness Chair

Book Club

The book club will begin meeting again in September, on the third Monday of each month beginning Monday, Sept 19th at Nancy Oij's house. We will be discussing The Dutch House, by Ann Patchett. We will have books from the Lisle Library available at our Sept 7th General Meeting. If you would like a copy of the book before then, please contact Kathleen Palia. The list of Book Club books will be posted on the website shortly.



Barbara Green
Book Club Chair

Public Relations

On Saturday, August 27, 2022 the Lisle Chamber of Commerce held an afternoon of wine tasting, called Uncorked, at the Museum Station Park.



The weather was perfect and nine Lisle Woman Club members volunteered to help things go smoothly. Karen, Lorraine, Pat, Dot, Lorna, Nancy O., Bea, Joanne, and Kathleen P. were there from 2pm to 7pm directing guests, checking IDs, putting wrist bands on guests, and selling "wine" related T-shirts.

We also staffed an LWC table and talked to interested guests about our club. (See picture on page 1.) Everyone had a wonderful time and we assisted an organization always supportive of our club!

Joanne Ehrhardt
Public Relations Chair

Fundraising

SAVE THE DATE: **Bunco is returning!**

Thursday, October 13th



This is ALWAYS a fun evening of dice and laughs. Mark your calendar — more info will be available soon!

Joanne Ehrhardt
Fundraising Chair

Civic Engagement



2022 General Elections: are for Governor, US & State Senators, US & State Representatives, and Judgeships. DuPage is the first county in Illinois with the option for voters to cast a ballot in any one of its 263 polling places, instead of limiting the choice to a voter's precinct polling place or a single vote center.

Important dates:

Aug 10: 1st day to apply for a Vote by Mail Ballot.

Sept 20: National Voter Registration Day.

Sept 29: 1st day to vote early at office of election authority.

Oct 23: Last day to register online.

Oct 24: 1st day to vote early at permanent polling places.

Nov 3: Last day to apply for a Vote by Mail Ballot.

Nov 8: Election Day — Polls open 6am to 7pm.

- For info on becoming an Election Judge, go to <https://www.dupagecounty.gov/Election/JudgeApplication/>
- For general election info, go to <https://www.dupagecounty.gov/election/>
- For online voter registration, go to <https://ova.elections.il.gov/>
- To view a sample ballot by entering your address, go to <https://ballotpedia.org/Illinois Sample Ballot>
- For locations, days, & times of an early voting site near you, go to <https://www.dupagecounty.gov/Election/Voting/EarlyVoting/>

Liz Sullivan
Civic Engagement & Outreach Co-Chair

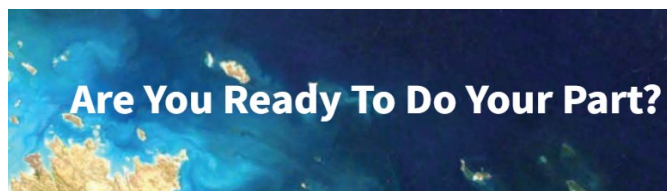
Environment

"We help people discover how easy it can be to make a meaningful difference for our kids, for our environment, for our future...and often for all three at once"

Above is the mission statement for **SCARCE**, **S**chool & **C**ommunity **A**ssistance for **R**ecycling and **C**omposting **E**ducation

To celebrate their 32nd year, SCARCE is hosting an Open House on Saturday, Sept 17 from 9am to 1 pm at their facility in Addison.

Get the behind-the-scenes look at some of their most successful conservation programs. You will see how they reduce, reuse, recycle and you will learn about the hands-on environmental education activities. No reservation is required.



What a great way to start off our environmental and conservation fall season than a visit to this amazing place! We all saw the floods around the country, experienced the heat, and sadly saw the wildfires raging this summer here in the US and across Europe. And, it looks like we are in for another record-breaking hurricane season. What kind of a planet are we leaving for our grandchildren and their grandchildren? Doesn't it make sense for us take a look at what more we can we do for our planet? Let's all find out!

I will be driving to the Open House and would be glad to take anyone else who'd like to come: Significant Others, Husbands, Friends, or Neighbors are also welcome. The more the merrier. My husband and I took this tour last year and we found it very informative.

Now I stop by SCARCE bi-monthly to drop off recycling and do a little shopping. Most people are not aware that they also have a store. My granddaughter, being an avid reader, loves to go there to purchase books. SCARCE also sells records, CDs, puzzles, and toys. Frequently, the items are brand new. I'll be circulating a signup sheet at the Sept 7th General Meeting for anyone interested in carpooling.

COME EXPLORE! COME LEARN! COME HAVE FUN WITH FRIENDS!

Dot Battle
Environment Chair

GFWC-ILLINOIS FALL CONFERENCE

*September 16 - 17
Bloomington, IL*



<https://gfwcillinois.org/event/rock-n-roll-conference-fall-2022-and-boards-of-directors-meetings/>

2022 ANNUAL CONFERENCE OF THE GFWC-GREAT LAKES REGION

IL, IN, MI, OH, WI

*September 29 -
October 2, 2022
Brookfield, WI*



https://gfwcillinois.org/wp-content/uploads/2022/08/2022-OFFICIAL-CALL-to-the-Annual-Conference_FINAL.pdf

Calendar

September 7 — LWC General Membership Meeting

**September 16-17 — GFWC-IL Fall Conference,
Bloomington, IL**

September 18 — Membership Tea

**September 29 — GFWC Great Lakes Region (GLR)
Annual Conference**

October 6 — LWC General Membership Meeting

November 2 — LWC General Membership Meeting

**June 10-13, 2023 — 2023 GFWC Annual
Convention, Louisville, Kentucky**

June 11, 2023 — Garden Gait

September Birthdays

9 Carol Olson
9 Kelly Dixit
17 Janet Wilmoth
28 Nancy Oij

