

LISLE WOMAN'S CLUB NEWSLETTER



GENERAL FEDERATION
of WOMEN'S CLUBS

May 2022

Message from the President

Hi,

Welcome Spring! The beautiful season of spring. Does anyone else enjoy the smell in the air after a spring rain? And when the scent of lilacs, hyacinths and peonies fill the air! Thank you to Arts and Culture for spreading 'Spring Joy' with the many vases of flowers that will be shared with our younger and older community members. They are sure to put a smile on many faces.

I want to welcome our new members who have officially joined Lisle Woman's Club: Barbara Akkaron, Brenda Hatch, Lorraine Krzwoz, Colleen Metzger, Julie Tillotson, Danielle Wilson, and returning members Diane Ancede and Debbie Pawlowicz. Thank you for sharing your time and talents with us. I look forward to getting to know each of you better. Growing our membership happens all year long. Keep an

eye open for our fall membership event. Kathleen tells me that something is brewing.

Take a minute to think about what job you want to do for Garden Gait this year. Nancy B. will be calling you soon with the sign up list in hand. If you find yourself busy on the day of Garden Gait, be sure to ask Eileen and Kelly what they have for you to do before the event happens.

*Sincerely,
Karen Burris
LWC President*

*Lisle Woman's Club (LWC) is a member of the
General Federation of Women's Clubs (GFWC)*

*"All our dreams can come true if we have the
courage to pursue them."*

- Walt Disney



Programs

There's still time to donate toiletries for the Mother's Day Gift Bags. Mary Kilroy will be collecting items until April 28th. If you have anything for these gift bags, please make arrangements with Mary to drop them off at her house before the 28th. This little act of kindness means so much to these moms that visit the Lisle Food Pantry. Thank you for your generous donations.

Garden Gait is just around the corner and to get it started we're having our member plant exchange at our May meeting. Don't forget to bring your plant(s) that you propagated to our meeting and we'll have

an exchange. Be sure to include the name of your plant and a brief summary on care of the plant so the new owner will know how to take care it. It will be fun to see what types of plants everyone has to share.

Our June dinner is right around the corner. Attached is the flyer with all the information. We're having it at Paisan's on Ogden Avenue in Lisle. There will be a sign up at our May meeting. Please sign up and pay for your dinner before May 15th. Hope everyone can attend.

*Nancy Oij
Vice President*

Garden Gait

FUTURE MEETINGS: April 27th and May 25th at 7 pm at the Lisle Police Station. We will be reviewing Garden Gait tasks. We have 6 gardens & are still looking for a donation of cookies.

ADS and RAFFLES UP-DATE from Joanne: Ad letters have been sent and we have one ad commitment. We'll be contacting all those who placed ads in the past and we have a couple new ads in the works!

Almost all raffle solicitation letters have been delivered and prizes are rolling in already. The baskets are going to be great again this year! We will be handing out \$20 in raffle tickets to each member at our May 4th meeting that you can sell to friends, co-workers, and family. If you need more, just ask. You can pay for the raffle tickets by cash or check at either the May or June meetings and soon you'll be able to pay by credit card. There will be a list of raffle prizes donated thus far inside each envelope. Can't wait until the May meeting!

*Eileen Briggs and
Kelly Dixit
Garden Gait Co-Chairs*

To learn more, go to <https://www.lislewomensclub.org/garden-gait>,

or contact Eileen Briggs at briggs1295@gmail.com or Kelly Dixit at kelly_dixit@yahoo.com

By Laws and Standing Rules Review

There is still time to submit questions or concerns regarding the **Proposed By Laws and Standing Rules**. Please email them to me at jojocool2@sbcglobal.net by Saturday, April 30th. The committee will discuss all emails received, so please send any thoughts you have. The membership will be voting on the Proposed By Laws and Standing Rules at the May 4th meeting.

*Joanne Ehrhardt
By Law & Standing Rules Review Chair*



Membership

Next September, LWC will host an afternoon tea party for current members and potential new members. It will be an afternoon of Tea, Food, and Fun.

Members will be asked to bring a guest (or two, or three) in hopes the guests will be interested in joining LWC. There will be a prize to whichever member brings the most guests.

Additionally, the event will be advertised and will be open to anyone who would like to know more about the club and possibly becoming a member.

A sheet will be circulated at the May meeting for volunteers to sign-up to plan the event. Because the event is in September, we will need to meet a couple times over the summer.

Venue, decorations, entertainment/games, food, prizes, and publicity need to be planned. Please volunteer to help. I know there are party planners out there!



Also, don't forget that we have two new members who joined last month: Danielle Wilson and Barbara Akkeron. Please introduce yourself to them during the May meeting.

New member orientation will be at 6:30 on May 4th, prior to the general meeting. A copy of the Membership Directory Book and a New Member Orientation will be given to new members.

*Kathy Palia
Membership Chair*

*Kathy_palia@comcast.net
6180 Tyrnburry Drive
Lisle, IL 60532*



Environment

EARTH DAY EVERY DAY



A big **THANK YOU** to Mike Krzywosz (Lorraine's husband) and his dog, Milo, Karen and Dan Burris, Joanne Ehrhardt and her husband, Diane Tuscher-Ancede, Eileen Briggs, Lorna Turner, Liz Sullivan, Kathleen Palia, my husband, Tom, and my daughter, Jessica Gebhardt for their participation in the Lisle Woman's Club Community Cleanup. We had a very successful cleanup and collected over 100 pounds of trash along with several bags of recycling.

It was a rather cold and blustery day but we endured, as did the children hunting for Easter eggs, and we plan to repeat this event either this fall or next spring. When I returned the grabbers we used, Scott Hamilton from the Park District commented on Monday that he noticed a considerable difference in the way the park looked. Stay tuned for the next cleanup event!



Let me give you an update on our other ongoing campaigns. Thank you to all those who have worked so hard to make these a HUGE SUCCESS. We have collected over **175 bras and counting**. **YEA FOR FREE THE GIRLS!** Our shoe collection has also been outstanding. We don't have a final count yet, but we are probably close to the **1,000 mark in shoes**. **YEA FOR PUTTING GOOD SOLES TO WORK!**

These campaigns will continue through May with our last collection when we meet for our end of year dinner June 1.

As the weather starts to become warmer, my thoughts and maybe yours turn to the garden. With my thoughts Earth Day should be every day I will give you some ideas of things to use in the garden that are not harmful to our environment or to yourself. I'll begin by telling you that my husband and I recently visited family in Greenville, North Carolina.

When we arrived, my sister-in-law was having chest pains and trouble breathing. She went to the emergency and, of course, was given a full battery of tests. Her heart was fine and lungs were fine. Doctors struggled to determine the cause. They finally isolated it to the product she had used days earlier on her roses.

They had experienced this before. There was a chemical in that product that was causing her body to react this way. This product is one the market, still for sale, and has no warnings. This is an example of why we need to be aware of what we are using and its impact on us and the environment around us. Here are the names of some products that can be used safely in our gardens:

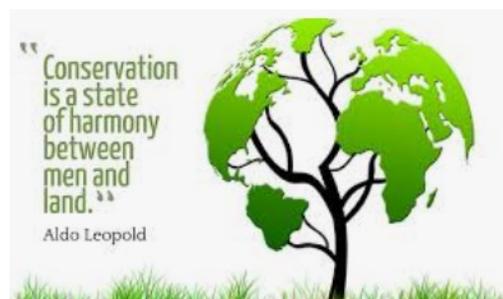
NEEM OIL, a naturally occurring pesticide; it controls powdery mildew, aphids, rust, spider mites, whiteflies and beetles. Use it on houseplants, roses, fruits, vegetables, ornamental trees, shrubs and flowers.

DIATOMACEOUS EARTH, an organic pest control method; it works on insects like aphids and caterpillars, cockroaches, ants, fleas, silverfish, earwigs, and bedbugs.

BENEFICIAL NEMATODES, not to be confused with the non-beneficial nematodes; the beneficial nematodes will kill soil dwelling insects or insects in their larvae or grub stage. They don't harm earthworms but attack pests like Japanese beetle larvae, cutworms, root maggots, and grubs.

These are just a few of the many existing products that can help you and Mother Nature stay safe and earth friendly. Happy Gardening!

*Dot Battle
Environment Chair*



Health & Wellness

“Together For Mental Health”

Together for mental health is the theme for Mental Health Awareness Month, May 2022. Mental health includes one’s emotional, psychological and social well-being. It has an influence on cognition, perception and behavior. It also helps determine how stress is handled, how we relate to other people and the choices we make.

During May the drive is on to:

- 1) Educate and raise public awareness
- 2) Address the stigma of mental illness
- 3) Advocate for mental health policies
- 4) Provide support
- 5) Eliminate some of the barriers to care for people with mental disorders



NAMI, (National Alliance on Mental Illness) will be focused this month on addressing mental health and access to care through their blog, personal stories, videos, national events, etc. Further infor-

mation on this can be addressed at their website Nami.org.

Mental health disorders can take many forms; clinical depression, anxiety disorder, bipolar issues, ADHD, schizophrenia, PTSD, substance abuse, to name just a few. Because of the pandemic, the rate of depression and suicide has gone up dramatically. The good news is there is help readily available from primary care physicians, psychiatrists, licensed therapists, and hot-lines with 24-hour access. And close to home we have the Linden Oaks Behavioral Health facility next to Edward Hospital in Naperville. So if you or someone you know is struggling with any mental health issues please reach out for help.

Mary Costello
Health & Wellness Chair



Arts & Culture

The Arts & Culture Committee held two flower arranging classes at Villa St. Benedict Assisted Living Facility on April 20th. Pictured with residents and their creations are Eileen Briggs and Kathy Palia. Not pictured are Lorna Turner and Liz Sul-



livan. Thanks to Lorna for donating daffodils (over 300), ribbons, and bows. Thanks to all LWC members who donated vases and to Floral Glory Design, Lisle, who donated 90 carnations. The residents have invited LWC back in May to talk about Garden Gait!

Pat Briggs & Lorna Turner
Arts & Culture Co-Chairs

Book Club

The Lisle Woman’s Club Book Club meets the third Monday of every month. The next meeting will be in person at Nancy Oij’s house on Monday, May 16th at 7 pm and the book is The Midnight Library, by Matt Haig. The Washington Post says this is "A feel-good book guaranteed to lift your spirits." If you’d still like to attend via Zoom, let Nancy know and there will be a computer available for a hybrid meeting. Grab a friend and come for the conversation, even if you haven’t read the book. It will help you decide whether you want to read it, plus you’ll get to know some club members better.



The Zoom link is <https://us02web.zoom.us/j/86744834413?pwd=VjZoY3FORWs3ZWZjYnRSUWJzemRBZz09>

Our list of meeting dates, books, and Zoom link is available on our website at <https://www.lislewomansclub.org/book-club>.

Barbara Green
Book Club Chair

NEWS & NOTES

LIVING THE VOLUNTEER SPIRIT THROUGH GFWC



From GFWC's April 14, 2022 Issue of News & Notes

UNICEF's Humanitarian Response in Ukraine

Volunteers with GFWC Affiliate Organization [UNICEF USA](#) are continuing to provide essential services to vulnerable children and families being impacted by the ongoing war crisis in Ukraine.

Looking for a way to help Ukrainian Children caught in the midst of war?

You can contribute to this humanitarian response by [donating](#) to support UNICEF's efforts. Your donations will help ensure children have access to clean water, nutrition, health care, education, and safe conditions. The link to donate is <https://www.unicefusa.org/supporters/organizations/global-cause-partnerships?form=FUNFWZLSCFW>

GFWC continues to hold the Women's Club of Ukraine in its thoughts. For continuous coverage on this war crisis, visit [apnews.com](#).

St Jude Welcomes Ukrainian Patients/Families

GFWC Affiliate Organization [St. Jude Children's Research Hospital](#) was pleased to welcome new patients and families from Ukraine last month. The patients were greeted by First Lady Jill Biden and St. Jude National Outreach Director Marlo Thomas during a special [virtual event](#).

During a tour of St. Jude, Dr. Biden met 5-year-old Khrystyna from Ukraine, who escaped the ongoing war crisis to continue the fight against her brain cancer diagnosis. Khrystyna was one of the first [Ukrainian childhood cancer patients who arrived at St. Jude in March](#) after being evacuated to the U.S.

to continue their lifesaving cancer treatments, now unavailable to them in their home country.

As their global humanitarian effort to improve cancer outcomes for children around the world continues, St. Jude is grateful for the support from people that allows them to make a difference in children's lives.

How do I sign up to receive News & Notes or WHRC (Women's History & Resource Center) News?

From [GFWC International President](#) updates to ongoing Chairman projects to GFWC Affiliate Organization initiatives to in-depth looks at the celebrated history of the Federation, GFWC's free electronic newsletters are the best way to stay informed as a clubwoman. You can choose to receive *News & Notes* and *WHRC News* directly to your inbox by updating your Communication Preferences in your personal [Member Portal account](#), <https://gfwc.users.membersuite.com/home>.

To do so, first log into your Member Portal account and click on the Profile icon in the upper right-hand corner of your screen and select "My Profile" from the dropdown menu.

Toward the bottom of the screen, you will see a heading for "Communication Preferences" with an arrow to the right side of the heading. When you click on this arrow, options will appear below that allow you to select whether you would like to opt-in or opt-out of GFWC emails, as well as which types of emails you would like to receive.

If you want to receive *News & Notes* and *WHRC News* right to the inbox that is associated with your Member Portal account, ensure that the "Email" option is highlighted and that *News & Notes* and *WHRC News* are selected.

Once you have completed these steps, your communication preferences will be saved to your account.



Outreach (Previously Home Life)

Please drop off your donations for the **Mothers Day bags** at my house (Mary Kilroy's) by Thursday, April 28th. I am looking for items that Mothers picking up food at the food bank would appreciate and normally wouldn't have for pampering themselves.



Hotel samples are great or if you have been given a gift you have not used or will not use, that is also highly valued. Additionally, if you are making a trip to the dollar store, they sell terrific

choices for the gift bags. Anything you think will lift a woman's spirit is appropriate. There are many women who are in need of our help and I am so grateful for all that Lisle Woman's Club members do to help. *Please don't give any item that has been opened or used.*

As always, suggestions are welcome. Ladies, thanks for your thoughtfulness and generosity!

Mary Kilroy
Civic Engagement & Outreach Co-Chair

Civic Engagement



June 28, 2022 — Primary Election
Nov 8, 2022 — General Election

For locations, days and time of an early voting site near you: <https://www.dupagecounty.gov/Election/Voting/EarlyVoting/>

To find your Election Day polling place:
<https://www.dupagecounty.gov/VoterLookup/>

To request a Vote by Mail Ballot:
<https://www.dupagecounty.gov/Election/VoteByMail/>

To register to Vote Online:
<https://ova.elections.il.gov/>

Liz Sullivan
Civic Engagement & Outreach Co-Chair

Philanthropy

The Philanthropy Committee investigates suggested projects and makes recommendations to the Board of Directors and the General Membership for final approval. Once a donation is made, many of the recipients send Lisle Woman's Club a thank you. We have received several of these, which are attached.



Marie Hasse
Philanthropy Chair

2022 Calendar

April 28 — Last Day to Drop off ‘Mother’s Day Bag’ items at Mary Kilroy’s

May 4 — LWC General Membership Meeting

June 1 — End of Year Dinner

June 12 — Garden Gait!

June 25-28 — GFWC Annual Convention,
2022 Annual Convention in New Orleans, Louisiana

July 20-29 — The Best of Britain,
Travel Opportunity: Join International President
Marian St. Clair for the "Best of Britain"

Sept 7 — LWC General Membership Meeting



It's Time to Shop for Graduation Gifts



Why Not...

- ***Avoid the Bad Weather?***
- ***Avoid Waiting in Lines?***
- ***Have Someone Else do the Shipping?***
- ***Shop from the Comfort of your own Home?***
- ***Have one of the Largest US Companies donate to LWC?***



**.5% of your Amazon Purchases can Go to *Lisle Woman's Club*
at No Cost to You!**

You do not need to be an Amazon Prime member to participate. AmazonSmile is a simple way for you to support LWC every time you shop, ***at no cost to you.*** AmazonSmile is available at smile.amazon.com on your web browser and can be activated in the Amazon Shopping app on either iOS and Android phones.

When you shop AmazonSmile, you'll find the ***exact same low prices,*** vast selection, and convenient shopping experience as Amazon.com, with the added benefit that AmazonSmile will donate .5% of your eligible purchases to the LWC.