



GFWC IL 5th-6th District

February 2025

Established 1963

**Publisher
Brenda Hatch**

Lisle Woman's Club

President message

Welcome to February! Happy Valentine's Day. Hopefully it will be a little warmer in February than in January when we had those subzero temperatures.

Given the weather, February is a good month for planning. What does each committee want to accomplish from now until the end of the Fiscal Year? What can each of us do to support the planned Fundraisers? To support the Marketing and Public Relations efforts? What can each of us do to support Garden Gait? Now is the time to think about these questions...

It's also time to think about Nominations for the next Executive Board. Please send your recommendations to me for President, Vice President, Treasurer, Corresponding Secretary, and Recording Secretary and I will forward them to the Nominating Committee. If you are interested in serving in one of these positions, please nominate yourself!

Liz Sullivan
President
Lisle Woman's Club



Vice President

Ever wonder how your real estate taxes are estimated? Do you know how to appeal your tax bill? John Trowbridge, Lisle Township Assessor, will be our guest speaker this month to address your concerns and answer your questions.

Lorna Tuner

American Heart Association.



February

- 5 LWC Meeting 6:30 social Library Meeting 7:00
- 10 Art & Culture 6:30 location TBA
- 17 Book Club Library 7:00
- 19 Fundraising Little Pop's NY Pizzeria 11am - 9pm
- 20 District Meeting (Lisle Library) 6:30
- 26 BOD Lisle Park District at 6pm

March

- 5 LWC Meeting 6:30 social Library Meeting 7:00

Environment

Sustainable Saturday Recycling Event

The 2025 Sustainable Saturday Event is scheduled for **Saturday, March 15, 2025**, from 9 a.m. to noon in the Benedictine University Rice Center Parking Lot at 5700 College Road. Enter Benedictine off Maple Avenue west of campus not off College Road.

Items collected include: electronics, household batteries, bicycles, textiles, latex and spray paint, household items, and **Styrofoam**. TVs and monitors will be accepted for a fee from \$25-\$35 depending on size. For more information, visit the Village of Lisle website on [Sustainable Saturday](#).

If you are collecting other recyclables (corks, keys, bread tags, etc.) just give them to Lorraine at the next meeting. Thank You!

Composting:

Many of you generate your own compost pile that you use in your garden which is fantastic! However, if that is not an option LRS is offering food scrap collection which includes: (bread, cereal, coffee grounds, dairy, eggshells, eggs, fruits, grain, pasta, shells, vegetables) that can be added to your yard waste and placed in biodegradable bags. For more details see lrsrecycles.com.

Yard Waste Collection begins-March 19th.



Ladies these are very informative.
Please let me know if you attend
(Brenda)

Please join us for our **GFWC IL 5th/6th District Winter Meeting on Monday, February 24th at the Lisle Library** - Meeting Rooms A & B (777 Front Street, Lisle, IL 60532)! We will have a guest speaker and discuss important District & State updates. Please invite any members from your Club who wish to attend!

Here's the schedule for the evening:
6:30pm - Check-in & Mix/Mingle
7:00pm - Meeting Begins
Please [RSVP HERE](#) below by February 20th. Desserts will be served!

February 5, 2025, at 7 p.m. ET - Heart Health Awareness Month
Jude Mabone, GFWC Health and Wellness Honorary Chairman
<https://bit.ly/48Epc7g>

February 11, 2025, at 7 p.m. ET - The Role Storytelling Plays in Advancing a Brand and Building Membership
Leslie Capps, GFWC Communications Honorary Chairman
Purchase "[Turn Your Story Into Business Gold](#)" by Leslie Capps
<https://bit.ly/3UI3Srs>



Save the Dates!

GARDEN GAIT

JUNE 8, 2025

Meetings

Garden Gait Kick Off

Jan 30, 2025 6:30 pm

Lisle Park District

Garden Gait Progress & Issues

Mar 27, 2025, 6:30 pm

Lisle Park District

GG Tickets

Mar 13, 2025 6:30 pm

Location TBD

GG Raffle Basket Committee

Mar 20, 2025, 6:30 pm

Lisle Library Rm Oak Rm

**Thank you for your participation to ensure the
success of LWC's largest fundraiser!**

NEEDED:

New Garden Gait Chair for 2026/2027

Please contact me.

Garden hunting begins June 9, 2025!

Kathleen Palia, Garden Gait Chair

Save the Date

BubbleHouse
March 26

Details
coming soon!

Bunco Game Night!



The MOST Fun-Fundraiser
with the Lisle Woman's Club

Book Club

This month's book club we'll be discussing Absolution by Alice McDermott. We meet at the Lisle Library on Monday, February 17th at 7 pm. Come join us even if you have not read the book.

Arts and Culture

Arts and Culture will be having a meeting on Monday, February 10th at 6:30 p.m. We'll be discussing the 5th Grade Art Contest and planning the rest of the year. If you have ideas you'd like to share be sure to come. We can schedule our next Craft and Chat get togethers, plan a dinner or two, and talk about doing something for Mother's Day. As always, check the newsletter and weekly news for upcoming activities.

Nancy Oij Chairwoman

Patricia Anne Abelson

May 2, 1938 ~ January 16, 2025 (age 86)

Pat was a member of Lisle Woman's Club for decades, serving a term as President and chairing the annual Garden Walk.



Fundraising

Little Pop's NY Pizzeria has agreed to sponsor a restaurant fundraiser with LWC! The

date is Wednesday, February 19th for all day (11:00 am to 9:00 pm). The fundraiser

applies to take-out, delivery, and in-house dining at 2799 Maple Ave in Lisle. Little Pop's

donates a 20% share of the meal value. Remember to mention you are there for the fundraiser!

Little Pop's will be providing a flyer for the fundraiser, which will be posted on Facebook, the LWC Website, etc. once the flyer is received.

More information will be provided when available.

Kathleen Palia, Fundraising Chair

Health & Wellness 2024-2025

My focus this year will be on addressing the Pink Tax and ending Period Poverty on the local level.

Menstrual products are prohibitively expensive for millions of people worldwide. Gender-blind policies and tax laws – for example: “The Pink Tax” on feminine products, are in part to blame, but such policy decisions go together with the stigma and taboo attached to menstruation. For example, in the U.S., Viagra is classified as a “tax exempt” health product, while sanitary products for women are classified as luxury goods and taxed at the highest rate.

One in four American teens and one in three adults struggle to afford period products, especially teens of color and lower-income households. I believe we can do our part by making a donation to support advocacy efforts to remove taxation on menstrual products, and to increase access to them. I’ve sent a proposal to Philanthropy to determine if they can send a donation at their discretion to one of the organizations that are fighting period- poverty I feel would do the most good.

Another activity I am planning is collecting from members, period products (pads and tampons, etc.) to be bagged and sent to Hesed House, the second-largest homeless shelter in the State of Illinois, and the largest shelter outside of the city of Chicago. Hesed House, based in Aurora, IL is the area’s largest Comprehensive Homeless Resource Center, people receive support related to housing, support systems, life skills, legal issues, physical/emotional abuse, mental/physical health, and much more.

In Spring, we will make 20 gift bags filled with personal care products for women in honor of Mother’s Day. The gift bags will go to the Lisle Food Pantry and distributed by volunteers. I will be using all of what is in my budget to spend on this.

Yvonne Hammond

Health & Wellness

Fundraising

As you are aware, we are doing a Savers fundraiser in April, so Kathleen and I stopped in to peruse what they have to offer, and a question came up about whether they will take televisions. They do sell televisions but be sure they are in working order. Here is a list of items they do not take:

Weapons, including firearms, explosives, ammunition, etc.

Hazardous materials such as paints, chemicals, liquids, etc.

Construction materials, such as lumber, pipes, floor, cabinets, but other items such as light fixtures and faucets will be accepted.

Flammable such as gas cans and propane cylinders, including anything that has a gas tank such as lawnmowers, Automotive parts such as tires, mufflers, etc.

Furniture that is torn, soiled or in need of repair.

Additional details will be forthcoming, meanwhile as you declutter set your items aside for collection in April.

Lorna



January 2025 is National Human Trafficking Prevention Month and all year!

January is also known as Human Trafficking Awareness Month, a key time for us to educate ourselves about human trafficking and crucially to learn to spot the signs of trafficking. It also provides an opportunity for us to take these messages to our workplaces, our communities, our school representatives, and everywhere else.

National Slavery and Human Trafficking Prevention Month, January 2025, culminates in the annual observation of National Freedom Day on February 1, 2025.



LOOK FOR 8 KEY INDICATORS

- | | |
|-------------------------------|---------------------------------|
| 1 Physical or Sexual Violence | 5 Intimidation and Threats |
| 2 Under-age | 6 Restriction of Movement |
| 3 Deception | 7 Fear and Anxiety |
| 4 Abuse of Vulnerability | 8 Limited Family/Social Contact |

To report a concern, call
1-615-356-0946



IMPORTANT
If you have reason to believe a person is in immediate danger call 911 first.

If you believe you may have encountered a victim of human trafficking, contact Hope for Justice and let us know as much information as possible, you may be saving someone's life.

www.hopeforjustice.org | help@hopeforjustice.org

Hope for Justice is a 501(c)(3) not for profit organization in the USA.

WINTER SURVIVAL TIPS AND TRICKS

1 Do you have a ceiling fan? Make sure it spins clockwise in the winter to push warm rising air back down into the room.

2 Did you know that placing bubble wrap between the window and screen helps to insulate the window?

3 Keep the house heated to a minimum of 65 degrees

4 Open hot and cold faucets enough to let them drip slowly.

5 Make sure to salt paths after shoveling to keep them clear.

6 To minimize water freezing in your pipes, wrap each pipe in a blanket of foam insulation.

7 Setting wet shoes near a heat source to dry them will cause shrinkage. Instead, stuff newspaper inside the shoes to draw out the moisture.

1 Pointing your wipers in the air and covering them with an old pair of socks is a nifty way to keep them from freezing to your windshield during a snowstorm.

2 Shaving cream contains the same ingredients as commercial defoggers. Try wiping down the inside of your car windows with some!

3 Car door lock iced up? Try rubbing some hand sanitizer over the key before inserting it in the lock.

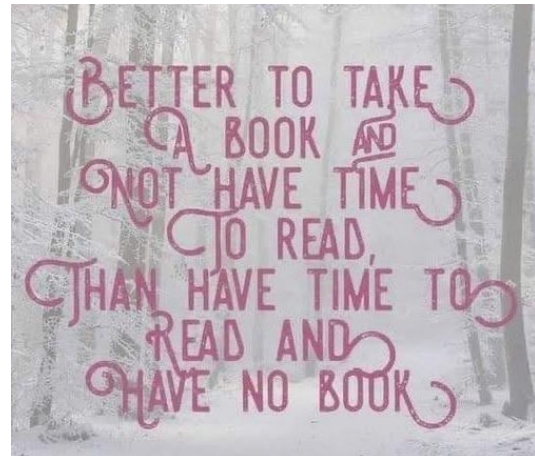
4 use your car's floor mats by placing them upside down under the driving tires to gain extra traction and help you get unstuck.

7 Keep a bag of cat litter in your boot. Litter works great to create tyre traction if you're stuck in snow.

8 If possible, always park your car facing east so that the morning sun will defrost your windshield.

5 Wipe your headlamps with baking soda toothpaste and rinse with warm water for clearer and brighter beams.

6 A spray solution of three parts white vinegar to one part water works extremely well as a de-icer for everything from front steps to car windshields.

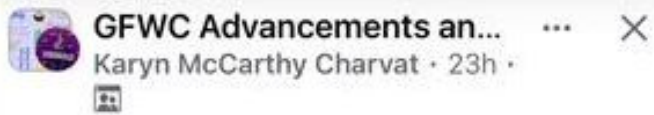


10 FUN FACTS

1. You can't see your ears without mirror.
2. You can't count your hair.
3. You can't breathe through nose, with your tongue out.
4. You just tried No.3
6. When you did No.3 you realised that it is possible, only you look like dog.
7. You are smiling right now, because you were fooled.
8. You skipped No.5.
9. You just checked to see if there is No.5.
10. Share this with your friends so they can have some fun too 😊

Have a Nice Day! 😊





HELLO FEBRUARY! ❤️

Hoping you will all join me next Friday, February 7th and [#GoRedForWomen!](#) 🇺🇸

On the first Friday of February, many GFWC clubwomen join the nationwide movement to [#WearRed](#) to raise awareness of heart disease, which is the leading cause of death for women in the United States. ❤️

So wear your red dress, red blazer, red sweater, or red sweatshirt, snap and post a pic using the hashtags in this post and of course, [#WeAreGFWC!](#)



High School Musical “Mean Girls”

Let’s get a group together and

GO!

Get excited!!! Mean Girls is coming to Lisle High School February 28th - March 2nd. Friday and Saturday shows are at 7:00 and the Sunday show is at 2:00. Tickets go on sale to the public on February 9th. Feel free to message me if you need more details. It promises to be a great show! Please note this has a 13 and older rating.



Georgia is excited and ready to greet you with a warm southern welcome when you attend the 2025 GFWC Annual Convention in Atlanta. Our meeting will be held June 6th–9th

