

LISLE WOMAN'S CLUB NEWSLETTER



GENERAL FEDERATION
of WOMEN'S CLUBS

April 2022

Message from the President

Hi!

Looking at April, I want to thank those who are planning on joining in the park pick up at Lisle Community Park on Saturday, April 2. Not only are we doing a good thing for our community, but having a chance to see each other outside of the meeting times is a plus. I want to especially thank Dot & Lorraine, our Environment Committee superstars! I want to point out that the focus and goals you are following with your projects (see the Environment article in this newsletter) are spot on to what LWC is all about. Thank you ladies!

On April 3rd, a few of us are taking a 'Road Trip' to support the GFWC Illinois' fundraiser "Blue Ribbon Tea". The proceeds from this event benefits Prevent Child Abuse, Illinois. I'm sure we will have some great stories to share at our meeting on Wednesday, April 6.

At the end of the year dinner a few years ago we started a new tradition by presenting a member of our club with the LWC Barbara Roake Service Award, in honor of our first Club President, Barbara Roake. It is now that time of year where we take nominations from the club members to determine the recipient of this year's award. A description of the award follows:

The Barbara Roake Service Award recognizes a Lisle Woman's Club member who has contributed to our group in different ways over her years of service with our club. She may have volunteered her time to our many fundraisers and events, or chaired a committee, or served on the Executive Board, or all of the above. She is someone who has made a difference in our club and has made our club better because of it.

If there is a club member that you would like to nominate for this award, please email me your submission no later than May 6th. Let me know who you would like to nominate and why you think she is deserving of this award. The executive board will review the nominations to determine a winner for this year. That member will then be presented with the award at the end of the year dinner.

Past Recipients:

Carol Olson, 2020
Marianne Roenna, 2021

Together We can Make a Difference!

Sincerely,
Karen Burris
LWC President
Lisle Woman's Club (LWC) is a member of the
General Federation of Women's Clubs (GFWC)

A smart person knows what to say;
A wise person knows whether or not to say it.
- Proverbs 17:27



Programs



In the month of April, we'll be preparing Mother's Day Bags for the Lisle Food Pantry. If you have new unopened toiletries or gift items around your house that you think would make a mom feel

special on Mother's Day, please bring it to our April meeting. We'll either assemble the bags at our April Meeting or arrange a time later in the month. These special bags go to moms that visit the Lisle Food Pantry. There's more information about these bags in the March Newsletter.

I'm hoping Lisa Tolbert, mosaic artist, will be at our April meeting to show us the different types of mosaics; glass on glass, covering an object or making jewelry to name a few. Lisa teaches classes at the Naperville Art League and Pinot's Palace in Naperville among other places and is a very talented artist and teacher. If there's interest, we could arrange a time with Lisa to teach us a class.

May is our Garden Gait meeting and Member Plant Exchange. If you haven't started a plant for our plant exchange, it's not too late! Maybe you have a plant that is growing too big for its pot. This is a good time to split that plant and put a part of it in a small pot to bring to the May meeting for our exchange. If you have any questions, give me a call.



*Nancy Oij
Vice President*

Membership

REACH OUT FOR NEW MEMBERS

- R** Remember
- E** Everybody
- A** All Ages
- C** Call
- H** Hospitality

Reach far and wide.

Jen Nowak, GFWC Membership Committee, reminds us that everyone is a potential member.

The next time you are talking to your neighbor, a friend at church, or someone in your book club and they ask you what you have been doing, mention LWC activities such as the Lisle Park District cleanup, what is being read in the LWC book club, scarves for veterans, or Garden Gait.

When potential new members attend a meeting, walk up to them and introduce yourself. Make

them feel welcome.

Our newest member is Julie Tillotson. Please say hello to her at our April 6th meeting.

A new mentoring program for new members has been started. In March, six members volunteered. If you would also like to be a mentor, please let me know. An orientation for new members is also in development.

Postcards were sent to eight Lisle residents inviting them to join. If you are aware of someone who may be interested, please send me their name and address and I will include them in Membership's postcard campaign.

Remember, you are LWC's best ambassadors!

*Kathy Palia
Membership Chair*

*Kathy_palia@comcast.net
6180 Tyrbury Drive
Lisle, IL 60532*



Environment

Reminder! Please Join Us at the

COMMUNITY CLEANUP EVENT

When: **Saturday, April 2**
Time: **10:00 until 12:00 noon**
Where: **Community Park**
1925 Ohio Street

Bring your Lunch

If you need a Garbage Pickup Stick, please let Dot Battle know. Also, please bring a picnic lunch & something to drink as we enjoy comradery afterward at the picnic pavilion. *If you like, bring a dessert to share.*

Be sure to bring: Gloves, lawn chairs and anything you may need for the cleanup. Garbage bags will be provided. Feel free to invite your children, grandchildren, husbands, boyfriends, girlfriends, sisters, brothers, and anyone else to help make Lisle Community Park a cleaner place to visit.

More, more, more!!! The Environment Committee is collecting **Shoes** and **Bras**, see attached flyers.

Shoes

“Putting Good Soles to Work”

- Any type of Shoes
- Bring to April Meeting
- Keeps Shoes out of Landfills
- Work with SCARCE & RewearAble to find best home for shoes
- Other Locations include Lisle High School, Benet Academy, Police Dept., Lisle Park District Main Ofc, and Lisle Park District Fitness Center

Bras

“Free the Girls”

- Bras & A Buck per Cup
- New & Gently Used Bras
- Benefits Survivors of Sex Trafficking
- Bring to April, May, & June meetings or Family Shelter Service Resale Shop

Dot Battle
Environment Chair

Public Relations

I had the pleasure of visiting two treasures in Lisle this week.

The first business I visited was Bohemian Spaw at 2029 Ogden Ave, Suite 2E, above Stilin's. It is a Holistic Animal Grooming business. Some of our members already go there and tell me that Mariela does a great job!

The second business was Floral Glory Design at 6474 College Rd in the College Square Shopping Center. This beautiful business, filled with gorgeous flowers has been open since October. They do weddings, special events, and everyday bouquets. Stop in and leave with Spring in your hand!

Joanne Ehrhardt
Public Relations Chair

Fundraising

A big thank you to Ginnie Hoozko...a past member, a 31 Bag representative, and a Lisle Woman's Club supporter. Ginny's bowling team, the Lisle Alley Kats, disbanded and decided to donate the remaining \$66 in their bank account to the LWC! It was a very kind and thoughtful gesture. This will go into Philanthropy as they requested. Every donation allows us to pass it along and help others.

Joanne Ehrhardt
Fundraising Chair



Health & Wellness

APRIL IS AUTISM AWARENESS MONTH !



Autism or ASD (autism spectrum disorder) is a developmental disorder that impairs communication and interactions in those affected.

There are roughly 200,000 cases diagnosed per year in the United States. A medical diagnosis is required and the range of symptoms and severity can vary widely. Common symptoms include communication difficulties, social interaction difficulties, obsessive interests and repetitive behaviors. Although autism can be diagnosed at any age, symptoms generally appear before a child reaches three years.

Although it seems that Autism has been on the rise in the past decade, researchers now say it's not so much of an increase in cases but the fact that there is growing awareness of it (researchers started tracking it in 2000) and changes in the diagnostic criteria. Males are four times more likely to be diagnosed with autism as females.

According to the DSM-5, (Diagnostic & Statistical Manual of Mental Disorders) there are five major types of autism. They are:

Asperger's Syndrome: a less severe form of autism. Think of the show "The Good Doctor," and the brainy but quirky Shaun Murphy.

Rett Syndrome: a very rare neurological genetic disorder that causes severe muscle movement.

Childhood Disintegrative Disorder: this condition is characterized by the loss of previously acquired language, motor or social skills, or a late onset of developmental delay.

Kanner's Syndrome: this form is characterized by infantile autism with signs of lack of attachment, avoidance of eye contact among other symptoms. This type of autism is also known as Classic Autistic Disorder.

Pervasive Developmental Disorder, not otherwise specified. This diagnostic category refers to a group of disorders characterized by a delay in socialization and communication skills.

Although we tend to focus on the issues of ASD, people on the spectrum may have many strengths such as: being able to learn things in detail and remember information for long periods of time; being strong visual & auditory learners; excel in math, science, music and art.

There is still so much research needed to focus on the neurological, genetic and environmental aspects of ASD and how to help those affected. With increased awareness comes the resources necessary to fight this disorder.

Autism Speaks, an autism advocacy charity and the largest autism research organization in the United States, designates **April 2** as a day to "**Light up Blue**" to help spread kindness and awareness of this condition.

*Mary Costello
Health & Wellness Chair*

**I AM AN
AUTISTIC PERSON**

- * I may act like I can't hear you.
- * I may get scared if you try to touch me.
- * I may be sensitive to lights and sounds.
- * Dart away from you unexpectedly.
- * May not make eye contact or speak.
- * I may engage in repetitive or inappropriate behaviors.

A colorful autism awareness ribbon, featuring a spectrum of colors (red, orange, yellow, green, blue, purple) in a pattern that resembles a puzzle or a mosaic.

Garden Gait

Future Garden Gait meetings are **April 27th** and **May 25th** at 7 pm at the Lisle Police Station. We will be reviewing Garden Gait tasks.

Remember to bring your money for the Polo shirts to the April 6 All Member Meeting if you have not already paid for them.



The Raffle and Ads Committee has started contacting businesses for Garden Gait. Our bookmarks and seed packets are ready thanks to Mary Costello and Lorna Turner. Raffle tickets will be distributed at our May meeting along with a small list of raffle prizes. Thanks to Kathy Palia we have one prize already. We'll wait until May to reveal what it is!

Eileen Briggs and Kelly Dixit
Garden Gait Co-Chairs

To learn more, go to

<https://www.lislewomansclub.org/garden-gait>, or contact

Eileen Briggs at briggs1295@gmail.com or Kelly Dixit at kelly_dixit@yahoo.com



Civic Engagement



Please make sure all your friends and family are registered to vote in the June primaries. To register, a citizen's birthday must be on or before Nov 8, 2004...i.e. they

must be at least 18 years old on or before Nov 8, 2022. Many High School Seniors will be old enough to vote in 2022, so please encourage them to register. We have a voter registration event scheduled at Lisle High School and are in the process of scheduling one at Benet Academy.

If they live in Illinois, residents can register online at: <https://ova.elections.il.gov/>

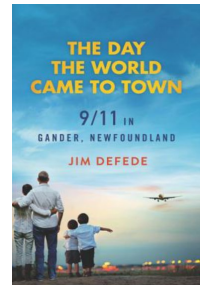
To register online, they will need:

1. Their Illinois Drivers' License number or Secretary of State issued State ID number
2. The date the license or ID was issued
3. The last 4 digits of their Social Security number
4. Their birth date

Liz Sullivan
Civic Engagement Chair

Book Club

The Lisle Woman Club's Book Club meets the third Monday of every month over Zoom. The April meeting is on **Monday, April 18th** and the book is The Day the World Came to Town, by Jim DeFede.



This book is a heartwarming account of the citizens of Gander, Newfoundland and its surrounding communities and the unexpected guests who were welcomed with exemplary kindness after 9/11. Grab a friend and join in the discussion.

The zoom link is

<https://us02web.zoom.us/j/86744834413?pwd=VjZoY3FORWs3ZWZjYnRSUWJzemRBZz09>

Our list of meeting dates, books, and Zoom link is available on our website under the Meeting/Events tab, then Book Club.

Barbara Green
Book Club Chair

2022 Calendar

April 2 — Community Park Cleanup
April 3 — Blue Ribbon High Tea, GFWC Illinois
April 6 — LWC General Membership Meeting
April 14 — Board of Directors Meeting
April 27 — Garden Gait Meeting

May 4 — LWC General Membership Meeting
May 25 — Garden Gait Meeting

June 1 — End of Year Dinner
June 12 — Garden Gait!!!
June 25-28 — GFWC 2022 Annual Convention,
 New Orleans, Louisiana

July 20-29 — The Best of Britain, Travel Opportunity: Join International President Marian St. Clair
 the "Best of Britain"

Sept 7 — LWC General Membership Meeting



WORDSEARCH

L	I	L	B	D	B	H	O	L	Y	S	Z	C	R	M	M	L	J	T	J
T	V	K	V	E	O	D	J	S	J	C	A	S	J	U	B	M	N	H	G
M	X	F	R	S	U	N	A	M	F	L	O	W	E	R	S	H	U	B	M
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E	H	B	I	A	D	M	I	Y	B	L	X	X	E	S	V	M	O	I	C
S	P	Y	D	N	I	I	N	S	U	I	J	R	W	T	C	C	S	S	N
N	E	R	F	A	O	N	E	D	D	P	B	Z	A	E	F	L	M	Y	O
C	T	K	Q	H	R	G	E	Q	R	S	Z	I	J	R	H	O	O	U	I
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Y	M	M	L	S	H	B	C	B	R	U	F	R	G	E	J	E	I	L	A
V	X	A	A	X	I	S	A	M	T	A	M	E	H	A	O	R	R	C	N
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K	V	P	D	A	H	L	I	A	Y	S	N	A	P	N	U	T	Y	F	D

FLOWERS	MAGNOLIA
ASTER	MARIGOLD
BABYSBREATH	ORCHID
BEGONIA	PANSY
CARNATION	PEONY
CLOVER	PETUNIA
COSMOS	PHLOX
CROCUS	POPPY
DAFFODIL	ROSE
DAHLIA	SALVIA
DAISY	SEDUM
FREESIA	TULIP
GARDENIA	VIOLET
HEATHER	
HEBE	
HOSTA	
HYACINTH	
IRIS	
JASMINE	
LILY	