



GFWC IL 5th-6th District

November 2024

Lisle Woman's Club

Established 1963

**Publisher
Brenda Hatch**

President message

Happy Turkey Time! Fall is definitely here, as evidenced by the chilly weather. Get out that winter coat and enjoy a brisk walk!

Hopefully you'll enjoy and participate in our upcoming fundraisers. Bunco is scheduled for Thursday, November 14 at Stilin's in Lisle. Bunco is an easy game to learn and is fun for beginners and experts alike. Culver's in Downers Grove scheduled for Thursday, December 12th. Enjoy a ButterBurger, Chicken or Seafood Sandwich, Soup, Salad, or Custard for lunch, dinner, or dessert. Please invite your friends and families to both.

The next quarterly Board of Directors (BOD) meeting is Wednesday, November 13th, at 6 PM at the Lisle Park District. The BOD meetings are for all Committee Chairs (or Vice-Chairs) to share new or update existing project ideas. This meeting's focus will be on projects for the remainder of the Fiscal Year (November 13 through July 31). All club members are invited to attend.

Liz Sullivan

President

Lisle Woman's Club

November

- 3 Daylight Saving Time ends
- 5 Election Day
- 6 LWC meeting 6:30 Social 7pm
Meeting **Bring leftover candy**
6:30 Gift Wrapping - Bring Scarf or Cloth
- 7 Luminaries Thursday, November 7,
6:30 - 8:30 pm Park District
- 9 Veteran's Day Program Lisle Station
- 11 Veteran's Day 5th/6th Meeting
- 13 Board Meeting 6-8 Park District
- 14 Bunco
- 18 Book Club
- 28 Thanksgiving
- December
- 4 LWC Meeting

Vice President Lorna Turner

Ever wonder how bees make honey? How do you avoid bees taking up residence in your home? How do hives work? Should I rake up my fall leaves or leave them for the bees as a shelter? All of these questions will be answered by Pete Soltesz and Kim Kulton, who run Bee All About It. They are currently the beekeepers for the Lisle Park District, along with many other hives throughout DuPage County and are current members of the Cook DuPage Beekeepers Association.

Christmas Dinner

This year's Christmas celebration will be held at Erik's Deli at 550 Warrenville Road. Ron Bologna runs the deli during lunch hours but is opening up for our private party at 6:00 on December 4. The menu will include bruschetta as an appetizer, mixed green salad, chicken vesuvio, and cheese lasagna. There will be homemade cookies for dessert and a selection of cold beverages included in the price of \$25. A signup sheet will be available at this meeting, but you have until November 29 to make a reservation. As always, there will be a couple of games for entertainment.

Eco-Friendly gift wrapping:

The art of Japanese Furoshiki

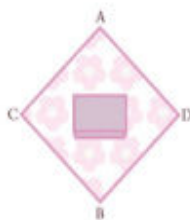
Yvonne Hammond- Environmental Committee

The holidays will be coming up soon, and many of us will be buying wrapping paper and ribbons to decorate our gifts for our friends and loved ones. Driving to the store, using up our gasoline, taking the time to carefully choose gift wrap, tape, boxes and ribbon, increases our carbon footprint and holiday stress. Many of us will throw our wrapping paper into the recycling can, but most wrapping paper is not recyclable due to the dyes and synthetic additives used to produce it. That makes for a lot of unnecessary waste shipped to the landfill. If you are interested in an eco-friendly solution, there IS, and the Japanese invented it between 710-794AD. Decorative cloths, originally Tsutsumi (wrapping) were used as protection for precious temple objects and then used by high-ranking visitors to bathhouses for carrying their belongings. These cloths now are called Furoshiki and they are made from various fabrics of various sizes and thicknesses. A Furoshiki cloth is typically 18" X 18" to 28" X 28" and must be three times the size of the gift that you are wrapping, in order to cover and tie the ends together.

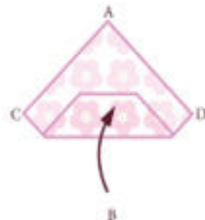
Furoshiki usage in Japan had declined in the post-war period, due to the proliferation of paper and plastic bags available to shoppers. In recent years, it has seen renewed interest as environmental protection has become a greater concern. In 2020, The Observer reported a growing interest in *furoshiki* in the UK, in part as a response to its perceived greater environmental sustainability compared to traditional single-use wrapping paper.

Simple wrap

Wrap a present in elegant furoshiki!



1. Place your furoshiki in a diamond shape, reverse-side up, with your gift-box in the centre.



2. Fold corner B over your gift and tuck any excess fabric underneath.



3. Bring corner A smartly across the box and tuck any excess fabric underneath.



4. Now, take sides C and D and tie them in a neat double knot in the centre of the box. Beautiful!



If anyone is interested in learning how to wrap their gifts in a furoshiki, I will be demonstrating during the social hour at our November meeting. Please bring a scarf or cloth and the object you would like wrapped. Let's save the environment by reusing our wrappings!

Demonstrating during the social hour 6:30 pm

Federation News Bea

September 21st three members attended the GFWC Illinois Fall Conference

in lovely Princeton, Illinois. The day was well rounded with much information to be used for the beginning of the 2024-2025 Club Year. Grab a cup of coffee and settle in to read through all the information that was presented. Online, go to GFWC Illinois.

Click on the **member's** button. If you haven't signed up, do so. The password for the GFWC Illinois site is **gfwc-illinois** All lowercase.

Click on "**2024 8-20-21 Conference Booklet**". The whole list of topics is what was presented. They are dated September 30, 23, 19, 18...ya gotta have editing time from the actual conference so each lady could submit their informative materials. Some stuff was presented at the big GFWC Chicago Convention at the end of June! Learn, Enjoy and join us for future trips to Princeton!

MEMBERSHIP: FOCUS ON THE BENEFITS OF BELONGING

By: Karyn Charvat, GFWC Membership Chairman

During October, November, and December, the GFWC Membership Committee has asked that clubs focus on the Benefits of Belonging to GFWC, which can help clubs with their retention and recruitment efforts. Here are just a few to share at your next meeting:

- **Strength in Unity.** GFWC members strengthen their voices in shaping public issues and policy through the combined efforts of women serving in their club, District, State Federation, Region, and national level.
- **Support and encouragement.** GFWC offers a network of members with similar interests and concerns. Fun, fellowship, and lasting friendships are a large part of the GFWC experience.
- **Leadership training and professional development.** Knowledge and experience acquired through GFWC volunteer training and community service can enhance a personal resume and open the door to new career or personal opportunities.
- **A varied volunteer menu.** GFWC offers many national resources to help clubs plan and create projects through our Community Service Program areas. GFWC also supports Special Programs that advance issues of Domestic and Sexual Violence Awareness and Prevention and encourages members to become Advocates for Children.
- **Health and happiness.** Studies show that the personal satisfaction that comes from making a positive difference helps volunteers live longer, function better, and enjoy life to the fullest.

For more information on how to retain and recruit members, be sure to download the 2024-2026 Club Manual, which in itself is a tremendous benefit of belonging to GFWC!

Civic-Engagement Susanne and Joanne

The Lisle Woman's Club volunteers with the support of the Lisle Community was able to host a Food Drive in conjunction with the GFWC National Day of Service on Saturday, September 28th.

Collected were 22 bags of food, 25 soap sacks, and \$80.00 in donations. These donations truly help to aid food insecurity.

When taking the food to the Lisle Township Food Pantry on Monday, September 30th – we were met with delighted volunteers thrilled with our donations to fill the shelves.



Lisle Woman's Club and the Lisle Township's Holiday Gift Program

Karen and Joanne

As you may have read in the past few LWC Weekly's, Lisle Woman's Club is joining in once again with the *Lisle Township 2024 Holiday Gift Program*. At our November Meeting look for the signup sheet. Remember to please sign up, email or text Karen what your preference is, no later than Wednesday, November 6. We need to finalize our totals on Thursday, November 7 with the Township.

Attached to this newsletter you will find a letter explaining the details of this annual event. [Page 5](#)

Girl Scout Troop 55759 with Lisle Woman's Club Crochet Newborn Baby Hats for Premie to Newborn's

Lisle Woman's Club has joined with Girl Scout Troop 55759 to make crocheted hats for Premie and Newborn's at Edwards Hospital. Five members met with these girls and several community members to teach and share our talents on Monday October 14th.

The date to turn everything is set for November 7th. Club Members can bring completed hats to our meeting on Wednesday, November 6th. Additional information including totals donated will be in our next newsletter.

Submitted by Karen Burris





Lisle Woman's Club Lisle Township Holiday Gift Giving

Let's get together and spread Kindness and Christmas Cheer! Lisle Woman's Club is joining in the *Lisle Township 2024 Holiday Gift Program*. *Just think of how our generosity brings joy to these kids and families for the holidays.*

At our November Meeting look for the signup sheet. You can choose to give a gift to a child and/or a family dinner. **If you will not be at the meeting** please email or text Karen your preference, **no later than Wednesday, November 6**. We need to finalize our totals on Thursday, November 7. Thank you for your cooperation.

Information about the Township Holiday Event:

Lisle Township requests families to provide a wish list and a birth certificate for each child 16 years old or younger. The families are informed that sponsors will be asked to provide one reasonably priced toy and/or reasonably priced winter clothing item for each child.

Children's Gifts:

*The requested dollar amount for your gift is between \$25 and \$30. *You can co-sponsor a child with a friend or sponsor more than one child. ☐ If you have multiple items to your gift, gift wrap everything into one box. *Be sure to include your child's assigned number on the package.

Family Food: The Township Food Pantry will be providing Holiday meals for under-resourced families. We are collecting nonperishable items and gift cards from Jewel or Aldi. Think of those special items you serve for the holidays, feel free to give from your heart.

Nonperishable Holiday suggestions: canned corn, canned green beans, canned peas, canned fruit, pasta & sauce, peanut butter, cereal, creamed soups, canned soups, boxed stuffing mix, French's french fried onions, etc.

All items: Please drop off your wrapped gift and food donations to Karen or Joanne's home by Sunday, December 1.

Any questions - phone, text or email one of us. Thanks!

Joanne Ehrhardt, 630-772-1504 – or - Karen Burris, 630-989-1777 2002 Middleton Ave. 5336 Westview Ln.



LWC Members, Environment

Please do not drop off Styrofoam at Dot's house, as she has moved to Geneva.

Styrofoam can be dropped off at the Lisle Township office. Please keep a count for Reporting send to Lorraine

Liz Sullivan



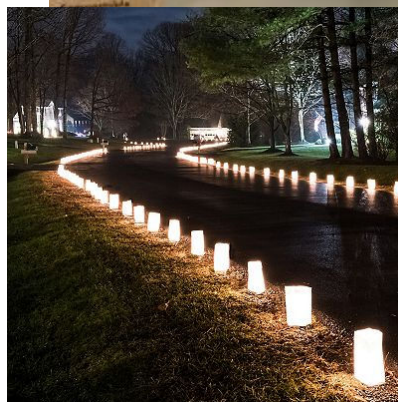
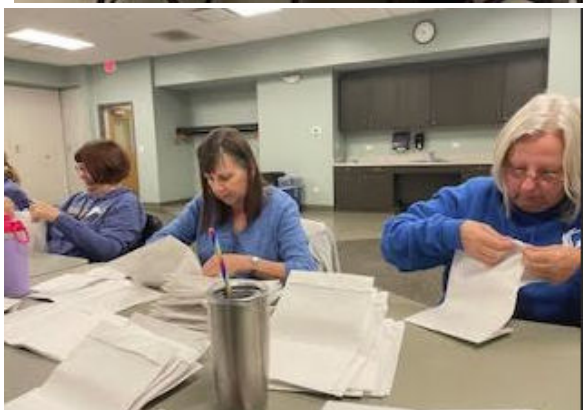
Book Club Nancy Oij and Barbara Green

Book Club this month is on Monday, November 18th at 7 pm in the Lisle Library. The book will be discussing is Maisie Dobbs by Jacqueline Wiinspear. This is the first book in a series. This month's book is available in a Library Book Bag. Nancy Oij has copies if you'd like to borrow one. Please contact her to pick up your copy. All Book Bag Books are due back to Nancy Oij by the next book club meeting. Hope to see you there..

Luminary Bags

On October 24th we had reserved a room at the Park District to fold the tops of Luminary Bags for the Lights of Lisle on Dec. 7th. There was 11 of us who came and folded over 400 bags. We need 1,000 in total. I am asking for anyone who can come for even one hour to join in the fun conversation and learn how to fold bags on Thursday, November 7th @ the Park District from 6:30 to 8:30pm. No one will lock the door, so you are free to leave whenever you need to. Maybe we'll talk about Trader Joe's or something! Text or email me if you join us!

Joanne



Arts and Culture Nancy Oj

A group of thirteen went on an outing to Schnitzel Platz in Glendale Heights to celebrate Oktoberfest. We enjoyed Weiner Schnitzel, German Pretzels, Bratwurst, Sausages and many other German specialties. We ended our feast with some delicious strudels and ice cream. During dinner we were entertained with some fun German Music. Look to the weeklies for our next fun outing.



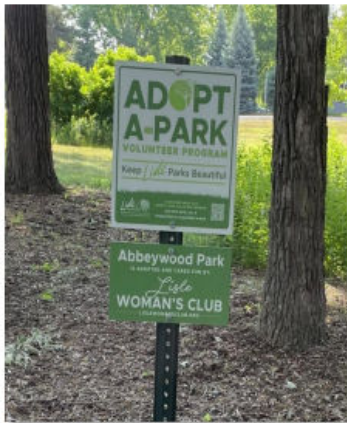
Trick or Treating Joanne

Trick or Treating in Downtown Lisle was again a BIG hit! But then did you expect anything less. The day was warm and beautiful and 7 of our members, Eileen, Luisa, Karen, Brenda, Sandy H., Nancy O and Joanne played games with all the kids. Over 140 children stopped to play our games and show off their costumes. We played Spooky Buckets (Bozo Buckets) and Balance Toilet Paper on the big racket! Both were so fun! Afterward the kids picked candy, a glow bracelet, Halloween pencil and a coloring Halloween sheet and a set of double ended colored crayons! The color sheet and crayons had our name and QR code on it. We stationed ourselves in front of Bev's Poundcake Bakery which felt like home!



LISLE WOMAN'S CLUB

ENVIRONMENT COMMITTEE



WHO WE ARE

Environment Committee

Advocates for our community's well being and that of Mother Earth to ensure a sustainable future for all.

Our committee has adopted Abbeywood Park in Green Trails and partakes in regular cleanup efforts and spearheads an annual cleanup initiative at Community Park.

Moreover, we are committed to recycling various materials including Styrofoam, corks, bread tabs, pop tabs to name just a few.

We are also eagerly looking to collaborate with local businesses to explore and enhance eco-friendly practices.



COLLECTABLE ITEMS AND END USE

Pop Tabs

RONALD MCDONALD HOUSE-HELP KIDS WITH MEDICAL NEEDS

Bread Tags

SCARCE*-(DANIELLE CARES) PLASTIC PARTS ON WHEELCHAIRS

Crayons

SCARCE-REMOLDED TO MAKE CRAYONS FOR CHILDREN W/ SPECIAL NEEDS

Corks

RECORK-REUSE CORK FOR SOLES ON SHOES; BULLETIN BOARDS, ETC.

Styrofoam

DART-RECYCLES INTO NEW PRODUCTS

Eyeglasses

LION'S CLUB-DONATE TO THOSE IN NEED

Glue Sticks

SCARCE-(NEW)-SCHOOL PROGRAMS

Highlight Markers

SCARCE (NEW) / STAPLES (USED) FOR SCHOOL PROGRAMS

Keys

SCARCE-SCRAP RECYCLER-MONEY GOES TOWARD ENVIRONMENTAL EDUCATION PROGRAMS

Aluminum Cans

ADOPT-ANIMALS DESERVING OF PROPER TREATMENT

*SCARCE - School & Community Assistance for Recycling and Composting Education www.scarce.org

Contact us and we will pick up your collectables:
Dot: mombattle@hotmail.com
Lorraine: lorrainek5@gmail.com

Dear GFWC IL 5th/6th District Clubwomen,

Please join us for our GFWC IL 5th/6th District Fall Meeting on Monday, November 11th for a Salad Supper and Fall Meeting at the Naperville Woman's Club Clubhouse (14 S Washington St, Naperville, IL 60540)! We will have guest speakers from the DuPage Children's Museum, a Veteran from Naperville Woman's Club and discuss important District & State updates. Please invite any members from your Club who wish to attend!

For our Veteran's Day Service Project, please bring any leftover Halloween candy to donate to veterans.

Here's the schedule for the evening:

5:15pm - Food Setup

5:30-6:30pm - Dinner Social

6:30pm - Meeting Begins



Please [RSVP HERE](#) by November 7th and [CLICK HERE](#) to sign up to bring a dish to the Salad Supper to share.

Shaken Baby Syndrome/A Preventable Tragedy

Yvonne Hammond-Health & Wellness

Back when my daughter was 15, she had a friend whose older sister had a baby that was blind. It turned out that her older sister's boyfriend, (the father of her baby), was frustrated and shook the baby because it was crying for too long. Unfortunately, the baby became not only blind, but brain damaged as well. The father was just a young adult, but was arrested for assault on a child.

Shaken baby syndrome occurs in babies less than 1 year old (majority are under 6 months of age). Twins have a higher chance of being shaken. It is caused by care-givers inability to handle their frustrations with a crying baby. A baby's head veins can tear and bruise easily and the injury may not become noticeable until the child enters school. In some cases, the brain injuries can result in blindness, like in the case above. A baby's head is 25% of its body weight and they have weak neck muscles. There is extra space in the skull, so the brain bounces inside when a whip-lashing motion happens, causing bleeding veins.

The most common times babies cry is in the evening; they cry louder and longer and can go on from 1 to 5 hours a day. Babies cry for many reasons: pain, hunger, fatigue, discomfort, need to burp, suck, diaper change, is too hot or too cold, rash, teething, over-stimulated, colic, fever, stress or they want to be held or comforted. The NCSBC -National Center on Shaken Baby Syndrome codes it as PURPLE – crying behavior:

Peak – at 2 months of age

Unpredictable and unexplained

Resistant -to comfort

Painful-looking (looks like in pain)

Lengthy (evening time is more severe- up to 5 hours)

Evening crying

Shaken Baby Syndrome is NOT: a form of punishment or neglect and NOT found among effects of any other form of child abuse. Shaken Baby Syndrome is also NOT caused by falling off the furniture, or being bounced or jogged on a knee. Signs to look for are lethargy, no response to stimulation, convulsions, can't make sounds, whimpering, eye rolling. Other signs are a change in sleeping pattern, uncontrollable crying, no appetite. Long term consequences can be: learning disabled, behavioral disorder, blindness, paralysis, or death.

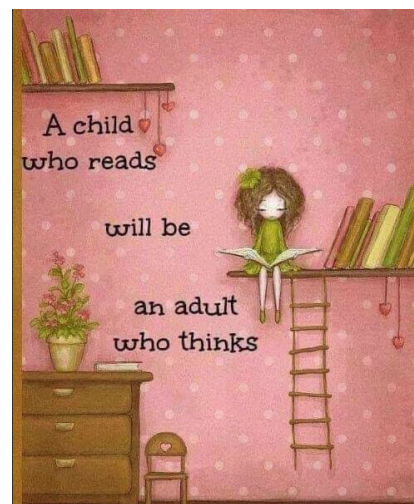
Caring for the Caregiver

Learn about the ages and stages of children, manage stress and anger and take care of yourself. Offer a pacifier. Remember, no baby has ever died from crying too much. Period of Purple Crying is the first 5 months. The 1st two weeks to two months are the peak. Remember Crying = Communication: Never shake! Call the Child Help USA Hotline: 1-800-422-4453 OR GET HELP 1-866-243-BABY

For more information go to: <https://dontshake.org/>



Wheaton North Frozen It was a huge success. The Sunday show was almost a sellout. They had a meet and greet afterwards for the kids. Thanks Lorna





Greetings from the Lisle Woman's Club!

It's Bunco time! Please tell your friends & family, bring a group or come on your own to our most FUN fundraiser of the year! Bunco is the easiest game to play, no prior experience needed!

Thursday, November 14, 2024

6:15pm Check in, Pizza & Drinks

7:00 pm Games Start

Stilin's Neighborhood Pub &

The cost is \$25 for a night of Bunco with cash prizes, pizza and sweets plus one ticket for fun door prizes. A cash bar is available. Extra opportunities to win with

Seats are limited, so reserve now!

You can purchase your ticket online at <https://www.eventsprout.com/event/lwc-fall-bunco-night-november-14-2024> or by mailing a check to

We are seeking 3 vegetable trays, 3 desserts and 4 bottles of wine to be donated to the event.
Contact Barbara to sign up.

Club Outings

Lisle High School play November 15th (Friday) 7pm

16th (Saturday) 7pm

17 (SUNDAY) 2PM

Based on Louisa May Alcott's life, *Little Women* follows the adventures of sisters, Jo, Meg, Beth and Amy March. Jo is trying to sell her stories for publication, but the publishers are not interested – her friend, Professor Bhaer, tells her that she has to do better and write more from herself. Begrudgingly taking this advice, Jo weaves the story of herself and her sisters and their experience growing up in Civil War America.

If interested contact Brenda



Dear Liz (and Lisle Women's Club),

I wanted to thank you for the \$100 donation I just received to help with the garden.

I guess it was donated a while ago, but the check was written to the wrong group and then wrongly deposited in the wrong account - but now I have it and I am saving it to purchase seeds and soil for next year's garden

We close this year's garden on November 2nd

It has been a difficult growing season due to the weather, but we still provided hundreds of pounds of fresh produce to the food pantry clients. I have had so many compliments on the freshness of what we provide.

We are able to do this work with help - like the donation from the Lisle Women's Club

Thank you all for your continuing support.

Paula Garcia Chair Lisle Township Food Pantry Vegetable Garden Volunteers

One Team. Two Heroes®

**GFWC Clubwomen: Help Our Nation's
Veterans Regain Independence
Through FREE Service Dogs**

HOW YOU CAN GET INVOLVED

- Volunteer to raise a future service dog
- Help raise awareness at events
- Learn more about Canine Companions and our best-in-class service dogs for veterans
- Make more matches possible - Donate now!

 canine.org/donate 





Save the Dates!

GARDEN GAIT

JUNE 8, 2025

Meetings

Garden Gait Kick Off

Jan 16, 2025 6:30 pm

Lisle Park District

Marketing Strategy Planning

Jan 23, 2025, 6:30 pm

Lisle Library – Oak Rm

Garden Gait Progress & Issues

Mar 20, 2025, 6:30 pm

Lisle Park District

**Thank you for your participation to
ensure the success of LWC's largest
fundraiser!**

Kathleen Palia, Garden Gait Chair