

# LISLE WOMAN'S CLUB NEWSLETTER



November 2021

## Message from the President

Hi!

The season of fall reminds me each year to be open to change. I was saddened a couple of years ago when my beautiful 50+ year-old Maple became fragile and needed to be taken down. I replaced it with a beautiful Autumn Blaze Maple. Although it is much smaller right now, it brings that familiar joy when I see it transform each fall into the most beautiful red hues. The point of my story is to remind us that as sad as it is to see familiar things change through progression and transformation, if we stay open to change we are able to embrace and grow and continue to be happy.

A shout out to Membership and Fundraising & Development! Great Job last month, I really enjoyed the relaxed fun night we shared at the Collective. I am hoping to welcome a new member or two that we met from this event at our meeting. I will see you at our November 3rd meeting and look forward to learning more about what you have been up to. As always, I am thankful for the old and new friendships I've gathered from our wonderful little club.

*Respectfully,  
Karen Burris  
Lisle Woman's Club President*

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*"Fall has always been my favorite season.  
The time when everything bursts with its last  
beauty, as if nature had been saving up all year  
for the grand finale."*

*- Lauren DeStefano*



## Committee Updates

### Programs

Don't miss our next meeting on Weds, November 3rd. We will be making "exploding" origami-style greeting cards. Fun! Best to arrive by 6:30 pm to catch up with everyone. Please let me or Karen Burris know if you would like to attend by Zoom and we'll send you the link.



Please bring the following supplies.  
**Note: Use what you have at home among your crafty treasure trove; no need to purchase more.**

Aiming for an **ARTSY** theme full of color, texture and interest rather than cliché holiday

cards. The cards will be finished at Bea's house the evening of Nov 11 or 12(?).

### Supply List to Bring (if you have at home):

- Regular **SCISSORS**. Pattern-edged craft scissors a plus.
- Card stock **PAPER** any color.
- **GLUE STICK** – a step above the school glue stick would be best.
- **PICTURES** from magazines...more artsy. Old road maps. Old artsy greeting cards. Seasonal, animals, and landscape pictures; which will be on 4" Squares and some 6" Squares.
- Rubber **STAMPS** and **INK** pads. **GLITTER PENS**.
- Artsy colored **PENS**. **STICKERS**. (We already have paper lace hearts, small hearts and flags, wallpaper pages, Suduko puzzles, & word searches).
- **FAR SIDE** or other "clean" **CARTOONS**.
- 1" wide **RIBBON**, or **TWINE**, about 15" long.

*Nancy Oij  
Lisle Woman's Club Vice President*

## Membership



### Happy Thanksgiving Holidays!

**Social, Shop and Paint** was a success! It was a joint Membership/Fundraising event. We welcomed new friends and potential members, while socializing with existing friends and members we knew. Guests enjoyed painting, munching on cheese and sausage, and sipping apple cider punch. Many guests took Membership Informational packets and expressed interest in attending our November meeting!

We collected \$34 in donations and the Collective donated \$50, all going to Philanthropy. Thank you to Mary Kilroy for donating a Mary Kay gift bag and to the Collective for a gift card; both became door prizes. Thank you to Mary Costello, Nancy Oij and Kathy Palia for donating the food and beverage for the night. A huge thank you to Joanne for helping with this event. It truly was a success!

**Please welcome and introduce yourself to anyone you don't know at our Nov 3rd meeting: our new members & guests.**

Do you know anyone that might be interested in joining? Bring them along to a meeting!



We are including pictures of members in our directory this year to make it easy for new members to recognize us. If you haven't yet provided me with a picture, please do so. If you prefer, I will be taking individual pictures during the November meeting.

Lastly, I am missing Membership Information forms from several members. I will pass out blank forms during the meeting. Please complete the forms and return them to me before you leave. Thanks!

*Kathy Palia*  
Membership Chair

*Kathy\_palia@comcast.net*  
6180 Tyrnburly Drive  
Lisle, IL 60532

## Civic Engagement & Outreach / Home Life

### Operation Stand Down



YES!!! We are collecting Scarves for Homeless Veterans who have given so much for their country. Please bring your New Scarf donations to the November meeting.

### Holiday Pantry Donations

We will be giving members an update about collecting food and children's gifts for the Holidays at the November meeting or shortly thereafter.

*Mary Kilroy*  
Home Life Chair

## Fundraising

Let's get together for dinner! Please share this flier (a copy of which is attached) with your neighbors and family. This is the last fundraiser for 2021!

If you are interested in eating as a group, please contact Kelly Dixit at [kelly\\_dixit@yahoo.com](mailto:kelly_dixit@yahoo.com) and she will coordinate a time and arrange for a table!

LISLE WOMAN'S CLUB  
INVITES YOU TO DINE AT



ON THURSDAY, NOVEMBER 11, 2021

Reservations are welcome!

Dine in or Pickup

Let wait staff know you are there for  
The Lisle Woman's Club Fundraiser  
they are to make a note on your receipt.

**For reservations and carry-out orders:**  
Contact Angeli's  
1478 East Chicago Avenue  
(630) 420-1370  
Open Thursdays from 4:00-9:00 P.M.

*Joanne Ehrhardt*  
Fundraising and Development Chair

**GFWC Great Lakes Region Convention—  
October 8, 2021.**

What Goes Around, Comes Around

A long, long time ago I can still remember when...Deirdre O'Malley used a special black hat to collect Chick Change at LWC meetings and some-time later Lorna Turner took possession of it. Bea Fodor borrowed it to wear to an outdoor wedding in August, 2012 and Lorna then decorated it with ribbon and netting. Bea gratefully borrowed it again to wear at the Oct 6, 2021 LWC Halloween-themed general meeting.



Two days later Bea attended the GFWC Great Lakes Region (GLR) Convention in Lisle on October 8, 2021.

GLR President and former GFWC Illinois State President, Patricia Heitman, forgot her hat. A humble cloche hat was offered to her,... but it was boring! Bea had a fascinator headband for herself, so Bea lent the decorated black hat to Pat, who wore it regally as she presided over the dinner and meeting. SO, thank you Deirdre and Lorna for sharing YOUR hat. There were 116 in attendance from **Ohio, Indiana, Michigan, Wisconsin and the hostess state of Illinois.** And all of them focused on Region President Pat in her commanding hat.

*Submitted by  
Bea Fodor*



**Garden Gait**

New Members might be hearing about the club's annual summer "Garden Gait" and some may be wondering what this "Garden Gait" is all about. Garden Gait is Lisle Woman's Club's largest fundraiser where every club member gets involved.

It is a garden walk for the young and old to admire and learn about particularly beautiful Lisle gardens. We work with 4 or 5 talented Lisle gardeners who open their front & back yards to those interested in gardening or general outdoor beauty. The day begins and ends with a craft fair, basket raffle, and refreshments at Lisle Station Park.

To learn more, go to <https://www.lislewomensclub.org/garden-gait> or contact Eileen Briggs at [briggs1295@gmail.com](mailto:briggs1295@gmail.com) or Kelly Dixit at [kelly\\_dixit@yahoo.com](mailto:kelly_dixit@yahoo.com)



**Save the date for Garden Gait!!!**

*Eileen Briggs and Kelly Dixit  
Garden Gait Co-Chairs*

**Who Wants to Finish their Holiday Shopping  
and**

- **Avoid the Bad Weather?**
- **Avoid Waiting in Lines?**
- **Have Someone Else do the Shipping?**
- **Shop from the Comfort of their own Home?**
- **Have one of the Largest US Companies make a (small) Donation to LWC?**



**.5% of your Amazon Purchases  
can Go to *Lisle Woman's Club*  
at No Cost to You!**

AmazonSmile is a simple way for you to support LWC every time you shop, **at no cost to you.** AmazonSmile is available at [smile.amazon.com](https://smile.amazon.com) on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones. When you shop AmazonSmile, you'll find the **exact same low prices**, vast selection, and convenient shopping experience as Amazon.com, with the added benefit that AmazonSmile will donate .5% of your eligible purchases to the Lisle Woman's Club. You do not need to be an Amazon Prime member to participate.

## Environment



### **Storm Drain Medallion Project Keeping Our Waterways Clean**

The Environment Committee is teaming up with SCARCE, School & Community Assistance for Recycling & Composting Education, which is a local non-profit organization to label storm drains in DuPage County.



*Pictured:  
Lorraine Krzywosz (left),  
Eileen Briggs (right)*

The purpose of this project is to educate the public not to dump waste of any kind down the storm drains which connect directly to our rivers, lakes, and streams. By installing storm water labels or medallions, we are doing our part to provide awareness about preventing potential pollution to our waterways and protecting our wildlife.

The committee worked with 4<sup>th</sup> graders at St. Joan of Arc to educate the students about pollu-

tion prevention, stormwater drainage systems, and practical steps they can take to prevent pollution.

We will continue our efforts to label drains through mid-November; weather dependent. The locations of each medallion are summarized and reported to local government officials.

If you know of a local group (students, girl scouts, boy scouts, etc.) that would be interested in learning about this on-going environmental service project, please contact a member of the Environment Committee.

## Recycling

Please don't forget about recycling!  
We are currently collecting:

- ◆ Pop-tops
- ◆ Eyeglasses
- ◆ Sunglasses
- ◆ Bread bag tags
- ◆ Gym shoes
- ◆ American flags
- ◆ Eyeglass cases
- ◆ Hearing aids
- ◆ Hearing aid batteries
- ◆ Clean Styrofoam containers
- ◆ Crayons
- ◆ Cords (phone, computer, etc.)
- ◆ Keys (household, luggage, car)
- ◆ Wine corks
- ◆ National Geographic magazines
- ◆ Clean snack and candy wrappers

*Dot Battle  
Environment Chair*



## Health & Wellness

Holidays are coming...

### Feeling Stressed??

November brings thoughts of Thanksgiving meal prep, families, Christmas approaching, shopping, etc. and we can get overwhelmed!



Here's a few tips to keep that ugly animal—**Stress**—at bay:

**Get Ample Sleep:** 7 hours a night is optimal. Try to go to bed at the same time each night and turn off your “screens” at least 30 minutes beforehand. Erase the day's negative thoughts from your mind by taking 15 minutes or so for a little meditation or prayer. Keep your bedroom at a cool temperature—between 60 and 67 degrees is best. Exercising during the day also helps one sleep better. Relax with a warm bath using a Dr. Teal's or similar salts to ease aches and pains before bed and consider a weighted blanket for a comfy night's snooze.

**Try Diaphragmatic breathing:** Inhale for the count of four and slowly exhale to the count of eight. Along these lines you might like Yoga or Tai Chi. Both are relaxing and good for you.

**Organize yourself:** Keep a “to do” list of what you want to accomplish each day and then have fun scratching off the things you have completed. If you write it down, you won't forget it!

**Travel prep:** If you're one of the 25 million estimated to be traveling over the holiday season, here's a tip. Try for a flight early in the day (less chance of issues) and if you can't book a direct flight try to avoid hubs where there can be capricious weather (think Chicago, Denver, etc.)

**Eat well:** I would say to eat a healthy diet, but really it is the holidays, so I'll just say Enjoy the Season!!!

Mary Costello  
Health & Wellness Chair

## Social Activities — Just for Fun



Who wants to **beat the Stress**? How? Attend a Play at COD!

See Charlie Brown and the entire Peanuts gang explore life's great questions as they play baseball, struggle with homework, sing songs, swoon over their crushes, etc.

Saturday, Dec. 11, at 2p or 7p  
College of DuPage — McAninch Arts Center (MAC)  
Tickets \$16, Seniors 60 and over \$14  
We could meet for Lunch or Dinner

**If you're interested, please indicate your preferred time on the sheet that I'll circulate at the Nov 3rd meeting.**

Submitted by  
Lorna Turner

## Website

We continue to update our new website. Be sure to check out the *Member's Only* (MO) tab. You'll need to create a log-in. Once you've logged in, a request will be sent to the website admins



and we will accept that request, which enables you to access MO. The MO tab includes club information, our calendar, membership directory, newsletters, forms and many other items. Go to: [www.lislewomansclub.org](http://www.lislewomansclub.org).

If you have any questions, we'll be happy to assist. Check it out at and send us your comments and suggestions.

Eileen Briggs is at [briggs1295@gmail.com](mailto:briggs1295@gmail.com) and Nancy Oij is at [noj@emo.com](mailto:noj@emo.com)

Eileen Briggs and Nancy Oij  
Website Co-Chairs

## LWC Members Volunteer at NWC's New Orleans-themed “Witches Night Out”

The cooperative relationship between LWC and Naperville Woman's Club (NWC) continues to flourish. In October Lorna Turner (seated, center) and Liz Sullivan (seated, right) sold raffle basket tickets at NWC's annual “Witches Night Out” Fundraiser. The event was a sell-out and the witches had a great time perfecting witch dances and participating in two raffles, in a wine pull, in the burning of voodoo Gris Gris, in addition to other activities. All witches got home safely with no mid-air collisions.



Submitted by  
Liz Sullivan

## 2021 Calendar

**November 3 —  
LWC General Membership Meeting**

**November 15 —  
LWC Executive Board Meeting**

**November 19 — LWC Board Meeting**

**December 1 — LWC Holiday Event**

**December 8 — The Holiday Open House  
GFWC HEADQUARTERS IN WASHINGTON, DC**

hosted by GFWC International President Marian St. Clair, who will welcome you into the historic GFWC Headquarters to experience a bit of holiday magic!



## 2022 Calendar

### November Birthdays

- 8 Kathleen Palia
- 13 Pat Briggs
- 14 Jeanne Rist
- 21 Liz Sullivan
- 22 Cathy Cawiezel
- 29 Sue Lamb
- 29 Brooke Ann Tang

**January 12 — LWC General Membership Meeting**

**June 12 — Garden Gait!**

**June 25-28 — GFWC Annual Convention**  
2022 Annual Convention in New Orleans,  
Louisiana

**July 20-29 — The Best of Britain**  
Travel Opportunity: Join International President  
Marian St. Clair for the "Best of Britain"

